

VILLAGE OF COUTTS



**OCTOBER
2023**

FRIENDS OF THE LIBRARY—CASINO

The **Friends of the Library** are looking for volunteers to fill the below casino positions. If you are able to help, it would be appreciated. These funds help purchase items for the library that they would normally do without such as, new chairs, projector, screen, certain programming, puzzles, and many more items. If you are hesitant filling a night shift because you do not feel comfortable driving home after the long night, a hotel will be provided for you to get some sleep before driving. Please contact Lorelei or Tracy at the Post Office to sign up. Thank you to everyone who volunteers in our small community. The money earned from working these casinos is what keeps a lot of our societies afloat.

Monday February 26– 1pm-8pm (2 positions)

Tuesday February 27- 1pm-8pm (1 position)

8 pm-4 am (3 positions)

8pm-4am (4 positions)

The Royal Canadian Legion annual Poppy Campaign begins at the end of this month. This year the campaign runs from October 27 to November 11, 2023. I'll be in your area on Friday October 27, 2023. I'll be dropping off poppy trays and collecting donations at this time. If I happen to miss you the notices will come through the mail as in the past.

Donations are to be made payable to: RCL Poppy Fund, and mailed to: Foremost Legion: Box 538, Etzikom, AB T0K 0W0

Also available are the 2023 issue of the Military Service Recognition Books. If you would like to receive a free copy call before October 22 at (403) 666-2260. I can deliver these books while I'm down in your area or I can mail out however, COD charges will apply.

NEWS FROM YOUR LOCAL LIBRARY

Book club will be held on Thursday October 12th at 2:00 pm at the library, come join us to talk about books.

October is Canadian Library month and we will be giving out a set of library themed magnets to the first ten people to come into the library this month. Besides books and videos we have lots of other things for you to check out – CO2 monitor kit, wifi hot spots, memory kits and lots of awesome jigsaw puzzles. We also have a puzzle set up in the library if you just want to drop in and work on it.

We will close the library on October 31st at 4:30 pm – Happy Halloween and happy treating!

HERITAGE HANDIBUS ASSOCIATION OCT 2023 NEWSLETTER

The Toyota Handibus is scheduled to travel to Lethbridge on Oct 4, 2023. The cost is \$40.00 per person with a minimum of 3 riders prepaid. Riders are required to book their ride 24 hours in advance with payment due at that time. If 3 riders are not prepaid, the bus does not travel.

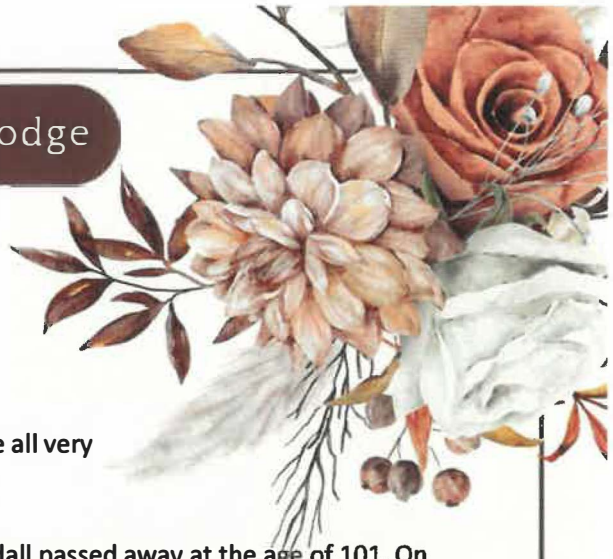
The both buses are available for charters.

Please call the Town of Milk River Office Staff to arrange booking, payment and more information.

The next meeting of the Heritage Handibus Association and the **Annual General Meeting** are October 11, 2023, at 6:30pm at the Town of Milk River Council Chambers. Everyone is welcome, we are hoping for more community participation.

prairie rose lodge

HAPPY *fall* Y'ALL



As sad as we are to see Summer come to an end, we are all very excited to be welcoming this beautiful Fall Season!

On August 25th PRL lost a beloved Resident. Gloria Stendall passed away at the age of 101. On September 14th we, & her Family hosted a lovely Memorial Service at PRL. We would like to thank the members of our community that joined us to celebrate her life, & extend our heartfelt condolences to Gloria's Family. She is deeply missed, & we will continue to celebrate her life by remembering her & sharing the many stories of the joy she brought to all of our lives each & every day.

This month 'If the Shoe Fits' will be here at the Lodge on October 4th from 10am to 2pm. As always, we welcome the Community to join us & check out all the new fall fashions!

On October 18th we will be celebrating Octoberfest with Live Entertainment from The Good Timers & everyone is welcome! We are eagerly anticipating the Ladies Auxillary hosting their 'Pie Social' on October 25th – this is an event that has not taken place since before covid, & we cant wait to make this a regular part of our routine again! Please watch for their poster for all the details on this event. As always, a huge thank you to The Ladies for all they do for us, & our Residents!

Terra has lots of fun activities planned for our residents, including Community Coffee – every Tuesday at 10:00am, regular exercises, bingos, horseraces, & this month she will also be taking them to the new Warner Bar to check out all the action there! We love being able to support local businesses in our Communities!

A friendly reminder that Meals on Wheels is available at PRL, & meals can be pre-ordered from our Kitchen for only \$8.00 a meal. We encourage you all to visit often – take advantage of our hallways for walking as the temperatures outside get cooler, or just come enjoy the good company of our residents anytime you're free!

From the Staff & Management of PRL.... Happy Fall Y'All!!



Pumpkin Patch Farmers Market

SATURDAY, OCTOBER 7

10:00AM – 4:00PM

MILK RIVER CIVIC CENTRE (321 3RD AVE)

Everyone Welcome

Join us for a Festive Fall Day

Shop with new and returning vendors
while enjoying a
Fall Themed Concession



- **Fall Photo Opps**
- **Kids Craft Corner**
- **Dine In or Takeout**
Available at the
Concession
- **Contact Laurie Balog**
403-642-7500

County of Warner Adult Learning

We have lots of offerings this coming month. We invite you to participate in any activities or classes that might interest you.

Cultural Kitchen: Enjoy foods from different cultures. Italy, Greek, French, New Orleans. Oct 5-26 Stirling. 6:00-9:00 pm.



Creative Kitchen: Hands on cooking class exploring appetizers, bread making, and so much more. October 5 - 26. Stirling 9:30 am - 12:30 pm **Momentum Financial Literacy** Oct 4-Nov 1. 6:00-8:00 Raymond. The knowledge of how to make smart decisions with money!

Computer FUNDamentals This class is designed to move you forward in your digital skills. Small class sizes insure individual attention. Wednesday Oct 4-25 Milk River 1:00-3:00 pm

Babysitters Course One day course builds basic skills needed for delivering quality child care. Participants must be 11 years or older. Register by Oct 25 Class Nov. 4 Milk River.

Morning English Classes Improve your English listening, writing and speaking skills, with more fun and interactive classes. Come join the fun -Oct 10 - Dec 12 Tuesday mornings 9:00-12:00 FCSS Building Stirling.

For more information on any class or to register please call 403-421-0036 or email terry.hirsche@taberadultlearning.com

FCSS Senior Speaker Series

Join us for the Canadian Revenue Agency information session for seniors.

Learn about:

- Common types of income
- RRSP vs RRIF
- Tax credits
- Pension income splitting
- Ways to do your taxes and free tax help
- Being scam smart

You can ask tax and benefit questions.

Date: Oct. 26, 2023

Time: 10:30 - 11:30 AM

Location: Milk River Senior Center, 229 Main Street

RSVP call/text Renee 587-370-8518

Milk River 4-H Multi Club – October Happenings



Projects being offered this year:

Beef, Sheep, Shooting/Archery, Pheasant, Cooking and Cleaver Kids.

➤ Registration for the new club year and our first club meeting is on Sunday, October 1st. It will be held at the Milk River Town Hall in the Council Chambers from 2pm-4pm. Come and join us!

*Registration Dues are required before being an active member and being eligible to hold a club positions and voting. (\$150 for members and \$30 for cleavers)

➤ Youth that have reached their 6th birthday and have not reached their 21st birthday on or before December 31st, 2023 are eligible to join.

➤ On October 13th we are hosting an awards banquet to congratulate last year's 4-H members and to thank our sponsors and supporters in person.

It's going to be another great year!

Stay tuned for monthly updates of what our club is up to.

MILK RIVER HISTORICAL SOCIETY

In the future, we are considering looking at Myron Verburg's slides and reels to identify some old homestead pictures. We would appreciate any help to identify. Dates, locations and times to be announced.

For tours of the museum, call William King 403-647-3428

Our next meeting is October 19th at the museum. Everyone welcome to attend.



Prairie Rose Lodge
Ladies Auxiliary



Are you hankering for some
good ole homemade pie?

Join us on
October 25, 2023 between 2 to 4PM

*"Take out Only -
no deliveries"*

Home made pie by the
slice with cream or ice
cream for \$5.00,
including coffee or
tea





Free

SENIORS' EXPO



Connect with service providers that support seniors.



WEDNESDAY, OCT 25TH
2:00 - 6:00 PM



TABER COMMUNITY CENTRE
AUDITORIUM
4720 50 STREET



(587) 370-8518



LEARN MORE
www.fcss.ca

Wellness Sessions

- 2:30 PM** CIRCLE OF RYTHYM - DRUMMING FOR ADULTS
- 3:00 PM** ESSETRICS MINI CLASS - GENTLE EXERCISES
- 3:30 PM** CIRCLE OF RYTHYM
- 4:00 PM** CAN OPENER FOR YOUR MIND - PRESENTATION

Curtain Call of Milk River



Presents

THE PLAY THAT GOES WRONG

By Henry Lewis, Jonathan Sayer, and Henry Shields

Directed by Rob Berezay

Milk River Civic Center, 321- 3rd Ave, Milk River AB.

Nov 2nd, 4th, 9th, & 10th. Nightly at 7:00 pm.

Tickets \$25.00 each.

Nov 3rd & 11th Dinner Theatre Tickets \$50.00 each.

Cocktails at 6 pm, dinner served at 6:30 pm, show to follow.

Dinner Theatre tickets must be purchased 5 days prior to event. Regular show tickets can be purchased for Dinner Theatre performances for \$25.00 each.

Catering by Country Kitchen Catering, Lethbridge, AB.

Purchase online tickets at curtaincall.simplenetix.ca or by calling

Smart Alice in Milk River at 403-647-3642.

Tickets can also be purchased at the door the evening of the events.

Produced with special arrangements with

Dramatists Plays, New York.



PURCHASE TICKETS

BROADWAY
LICENSING

DPS
DRAMATISTS PLAY SERVICE

S A L E !!!

MENTAL HEALTH FIRST AID COURSE

OFFERED BY BORDER COMMUNITY WELLNESS FOUNDATION

Constantly we are hearing of and witnessing the **mental health crisis** suffered by many people in today's society.

This course will give you the opportunity to learn about issues plaguing our society, and will equip you with the knowledge and skills needed to better understand and address crises we may be witness to.

Border Community Wellness Foundation is pleased to be able to offer this course, instructed by a certified Mental Health Instructor, at a **highly discounted price which is being subsidized by our organization.**

No matter what your profession or level of experience, this course will provide you with the tools to better understand and help all members of society.

We are often told that "Talking About Mental Health" is key. Here is an important starting point coming to your community.

Date: Nov. 6 (full day)

Location: Milk River Council Chambers

2 hour online course to be completed prior to Nov. 6.

You will be certified as a Mental Health First Aid Responder upon completing the 1 day course.

For more information, please call Robbie Wills @ 403-344-4312 or laura.wills5@gmail.com

COUTTS & DISTRICT AGRICULTURAL SOCIETY AGM

Tuesday, November 7 @ 5:00 PM @
Coutts Civic Centre

WE ARE LOOKING FOR NEW MEMBERS!

“Ag Societies work to enhance quality of life by developing programs and services, and providing facilities that meet the needs of their communities.

These organizations are often run by dedicated volunteers to organize events that bring communities together. This sense of community can be important in rural areas where people may feel isolated.”

Our monthly meetings are short, and we encourage all to attend!

Our next meeting is Wednesday Oct.11 @ 4:30 PM CCC.

Christmas Hamper and Angel Tree Program

It is the time of year when we start thinking about the Christmas Hamper and Angel Tree Programs. For 2023 I will once again be gathering information and coordinating with the Town of Milk River and St. Pauls United Church to help make some Christmases a little brighter.

We are asking the citizens of Milk River, Coutts, and surrounding area that you think about your neighbors and if you feel that these Programs would possibly benefit and make Christmas a little bit easier for yourself or an individual or family you know please contact me by November 6th with the appropriate information. I will need the name of the family and a phone number to contact them.

The Angel Tree will be placed in the Milk River Town Office on November 13, 2023 so we must have the information prior to that date.

Mark your calendar and remember to come to the Town Office after November 13th to pick up an Angel if you wish to purchase a gift for a child.

Darlene Fleming, Angel Tree Program
Home Phone: 403-393-3223