

VILLAGE OF COUTTS



**NOVEMBER
2023**

VILLAGE ORGANIZATIONAL MEETING

Each October every municipality in Alberta must have an Organizational Meeting. This meeting gives councillors the opportunity to change committees they represent. In our Village, and others that do not have the public elect their Mayor, this position can also be changed. At the meeting on October 10th, Scott MacCumber was elected as the new Mayor, in this role he will sit on the Mayors and Reeves committee. Tanya Smith was elected as the Deputy Mayor. A few of the committee portfolios also changed. Steve Pain is now the alternate representative for SouthGrow, as well as he is the representative for Coutts Fire and Rescue. Jim was thanked for the job he did while serving as Mayor.

FRIENDS OF THE LIBRARY—CASINO

The **Friends of the Library** are looking for volunteers to fill the below casino positions. If you are able to help, it would be appreciated. These funds help purchase items for the library that they would normally do without such as, new chairs, projector, screen, certain programming, puzzles, and many more items. If you are hesitant filling a night shift because you do not feel comfortable driving home after the long night, a hotel will be provided for you to get some sleep before driving. Please contact Lorelei or Tracy at the Post Office to sign up. Thank you to everyone who volunteers in our small community. The money earned from working these casinos is what keeps our societies afloat, and programs running in our community.

Monday February 26– 1pm-8pm (2 positions)
8 pm-4 am (3 positions)

Tuesday February 27- 1pm-8pm (1 position)
8pm-4am (4 positions)



REMEMBRANCE DAY SERVICE

**COUTTS CIVIC CENTRE/
CENOTAPH PARK**

NOVEMBER 11TH, 2023

10 AM

EVERYONE WELCOME

REFRESHMENTS TO FOLLOW

FOR YOUR INFORMATION

The Poppy Campaign is a Dominion wide project that all Royal Canadian Legion's get involved with. The monies raised through wreath sales, donations, and poppy sales goes directly into a separate bank account. No cheques can be written out of this account except for legitimate expenses or Command approved Donations. In recent years donation monies have been dispersed as follows:

2020	Warner Fire Department	\$979.87
	Ferno trauma Bag-blood pressure cuffs, stethoscope, big valve mask, sterile pads, compress ties, gauze, bandages (tensor and asst), alcohol swabs, tape, pulse oximeter, glucose test strips lancets, OPA's, nasal cannula	
	Milk River Health Centre	\$2,108.97
	ECG Trolley cart and four overbed tables	
	Prairie Rose Lodge	\$1,722.00
	Patio Furniture- swing, four chairs and coffee table, regular size table, BBQ	
2021	Bow Island Health Centre	\$2,094.53
	Patient Monitoring Equipment & Stand with basket	
	Foremost Medical Clinic	\$1,302.10
	2 Blood pressure machines, 2 adult pulse oximeters, weigh scale, wheel chair, 2 digital no touch forehead thermometers	
2022	Milk River Health Centre	\$2,071.69
	Amenities cart, 2 sets wicker furniture	
	Milk River Health Centre	\$1,133.97
	CPR meter 2	
	*\$500 of this donation was received from Gas Alberta Give Back Program (nominated to 2022 Poppy fund by Chinook Gas Co-op Ltd)	
2023	Foremost & Area	
	To be announced.	

THANK YOU

St Peter's Catholic Church would like to thank the community and surrounding area for the support of their Annual Fall Roast Beef Dinner on October 1st at the Milk River Civic Centre. The afternoon was filled with lots of laughter and good conversation. It is wonderful to be part of such a supportive and generous community and surrounding area.



BORDER RASCALS SOCIAL CLUB

Come and join our friendly group. We have a planning meeting the second Thursday of the month at 10 am and a monthly potluck and game night on the fourth Thursday at 5pm. We are always looking for fun ideas and new faces to join. November 24th is our regular pot luck (bring your favorite dish, or dessert) and stay for games. December 14th is an earlier date to get ahead of Christmas schedules. It will be our Christmas Party, (gift exchange). Hope to see you! Everyone welcome, free to members, \$5.00 for non-members, or join our membership for \$5.00.

NEWS FROM YOUR LOCAL LIBRARY

Our November foot traffic contest will be held November 12 – 17th. Come in and HIGH FIVE A LIBRARIAN! Visit the library anytime during the week to high five a librarian and your name will be entered to win one of four Instax Mini 12 cameras, along with a package of film.

Big Library Read November 1 – 16. Ready to sink your teeth into the next #BigLibraryRead? The featured title "Artie and the Wolf Moon" by Olivia Stephens is available with no waitlists or holds November 2-16 from Libby.

<https://biglibraryread.com/> It's time for #BigLibraryRead! Join the pack and borrow the featured title by searching for it on the Libby app: <https://chinookarch.ca/eLibrary/libby-presented-by-overdrive>

Book Lists: I Read Canadian Day November 8

Younger Kids <https://tinyurl.com/5see9wd6c>

Older Kids <https://tinyurl.com/yysabkjin>

Teens <https://tinyurl.com/yc8v26wf>

Adults <https://tinyurl.com/mwv7met2n>

Book Club will be on Thursday November 9th at 2:00 pm, come and share your love of books, open for everyone.

The Radon kits will once again be available for borrowing and we have a CO2 monitor available as well.

Hopefully winter isn't here to stay just yet and we get a little more nice weather before it sets in for the season. Stop in and see us, we have lots of books, movies and jigsaw puzzles for your enjoyment.



Oktoberfest Thank you

It takes many hands to run a successful event. The Milk River & District Agricultural Society would like to extend a heartfelt thank you to all who contributed in any way to make our Annual Oktoberfest on September 23, a fantastic family event. **A SPECIAL SHOUT OUT** to the Kinsmen Club of Milk River for looking after the Beer Garden, Avail Accounting and the Milk River Library Board for their help in the concession, Parrish and Heimbecker for their help with the Grain Show, to the Town of Milk River for supplying the bouncy houses and bleachers, to all who volunteered with the games on the football field, to all our judges, our face painting ladies, all businesses, and individuals who donated and bought silent auction items. A big **THANK YOU** to our anonymous donor who matched all proceeds raised in the silent auction. To all those who supported the online 50/50 Draw, Lucky Duck Draws and the Chicken Bingo, thank you. Finally, to the organizing committee, your time and energy to make this event a reality was much appreciated.

Thanks everyone for your support.

The Milk River & District Agricultural Society

Heritage Handibus Association Nov 2023 Newsletter

The Toyota Handibus is scheduled to travel to Lethbridge on Nov 1, 2023. The cost is \$40.00 per person with a minimum of 3 riders prepaid. Riders are required to book their ride 24 hours in advance with payment due at that time. If 3 riders are not prepaid, the bus does not travel.

The both buses are available for charters.

Please call the Town of Milk River Office Staff to arrange booking, payment and more information.

The next meeting of the Heritage Handibus Association and the **Annual General Meeting** are November 8, 2023 at the Town of Milk River Office. Everyone is welcome, we are hoping for more community participation.

MILK RIVER HISTORICAL SOCIETY

Be sure to stop by the museum on Customer Appreciation Day on November 24th, we will be open from 9am to 7pm. Tour the museum and stay for some delicious hot apple cider and cookies and enter to win our raffle of a Christmas candy house.

For tours of the museum any time call William King 403-647-3428

Our next meeting is November 16th, 7pm at the museum, all welcome!

Angel Tree and Christmas Hamper Program

Just sending out a final reminder that the Angel Tree will be going up on November 13th at the Milk River Town Office. If you would like to participate by purchasing a gift for a child, please come down and pick up an angel on or after that date.

Once you have your Angel all you need to do is purchase an age-appropriate gift for the child you have chosen. Leave the gift unwrapped, attach the Angel to the gift and return it to the Milk River Town Office by Friday, December 15th. If you want to place the gift in a gift bag that would also be amazing!

Finally, if you or someone you know could benefit from the Christmas Hamper or Angel Tree programs, please call me by November 10th. If you are phoning to refer someone, I will need the name of the family and a phone number in order to call them.

Thank you to everyone who participates in these wonderful programs.

Darlene Fleming, Angel Tree Program

403-393-3223



Mistletoe Market



Saturday, December 9th

10am—4pm

Milk River Civic Centre 321 3rd Ave

**Enjoy the day shopping, eating and visiting in a Christmas
Filled Atmosphere**

Concession Available

EVERYONE WELCOME

Contact Laurie Balog @ 403-642-7500



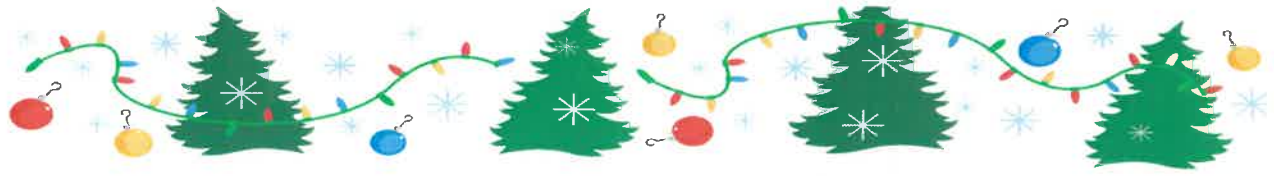
We've had another great month at Prairie Rose Lodge! In October the Residents enjoyed a few last walks outside before the snow fell to take in all the beautiful Fall scenery. We also had an amazing evening at The United Church, listening to Flint & Feather perform, & enjoying the company of so many great friends! Our biggest event of the month was thanks to the Ladies Auxiliary... they hosted a lovely Pie & Tea Social at the Lodge, & we saw SUCH a great turn out! As always, an enormous THANK YOU to the Auxiliary Ladies, as well as all of the members of our Community that joined us for this fun filled fundraising event!

In November we will be going to the Community Play on November 2nd, the Remembrance Day Ceremony at the School on November 9th, & the Warner Hotel for a lunch out on the Town! FCSS will also be hosting another Drumming Event here at the Lodge, as well as 'Men's Shed' on the third Thursday of every month. On November 28th, Personal Touch Fashion will be with us, & as always – the Community is welcome to join us for some retail therapy!

We are already prepping for Christmas here at the Lodge, & this year we will be doing something new! As of *November 20th*, we will have our first ever "PRL Angel Tree"!! Our new tree will be up & decorated in the main common area of the Lodge. The tree will be adorned with an "Angel" for each of our Residents. The Residents name, & a short 'wish list' will be on each Angel. For those that are able, we would like to invite the members of our community to come pick out an Angel & return a wrapped gift that can be placed under the tree for the Resident of your choosing. We know all our Residents will love to be able to gather around the tree at Christmas & experience a traditional family gift opening!

As a reminder, Meals on Wheels is always available for our main (noon) meal. Meals are just \$8.00 each, & monthly menus are available for pick up anytime from our community bulletin board just inside the main entrance of the Lodge. Meals on Wheels applications are also provided there, & completed applications can be submitted to Karen or Terra anytime! If you would like to join the Residents for a meal here in the Dining Room of the Lodge, we ask that you just call ahead to ensure our Kitchen Staff can prepare enough, & our support staff can have a place set for you. Those meals are also \$8.00 each, including coffee/tea/or beverage, & a nummy dessert!

On behalf of the Management, Staff, & our whole PRL Family, we would like to express our deepest condolences to the Family of Father Salvador Ahumada. To his extended Family at St. Peter's Church, we share in your sadness. His kindness, warmth, & love will be greatly missed.



FESTIVAL OF LIGHTS

Monday December 18TH

COUTTS CIVIC CENTRE

POTLUCK SUPPER AT 5:30pm

*MUSIC
SANTA*



GINGERBREAD HOUSE CONTEST:

**PRIZES AWARDED IN EACH GROUP: AGES: 6 & UNDER
 7 - 11
 12 & OLDER**

Bring your houses to the Civic Centre on the 18TH by NOON.

DECORATED HOME/BUSINESS CONTEST

Cast your vote for the best decorate home/business at the potluck.

1st - \$100 2nd - \$75 3rd - \$50 Best Business \$50.

PLEASE LIGHT UP YOUR HOMES FOR ALL TO ENJOY!!

*COME OUT WITH YOUR FAMILY FOR AN EVENING OF
SOCIALIZING AND CHRISTMAS SPIRIT!*

Prizes sponsored by the Village of Coutts, Coutts Ag Society, and Coutts Community Events.

#WhereToTurn

November is Family Violence Prevention Month, which means it is a time to raise awareness and have an open conversation about family and domestic violence.

What is Family Violence? Family violence is any form of abuse or neglect that one may experience from their family member or from someone that they are/were in an intimate relationship with. It can be a single act of violence or a reoccurring act that forms a pattern of abuse. Family violence is a broad term that includes: domestic violence, intimate partner violence, sexual violence, child abuse, neglect and sexual exploitation, child sexual abuse, elder abuse and neglect, and witnessing the abuse of others in the family.

What are some kinds of abuse is considered family violence?

- **Physical:** Use of force against someone with the intent to hurt them.
- **Financial:** Using money or property to control or exploit a family member.
- **Neglect:** Failing to provide basic needs to dependents.
- **Sexual:** Forcing sexual activity on a member of the household.
- **Emotional/ Psychological/ Verbal:** Words and actions to control, isolate, and/or frighten a family member.

What are the Signs of Family Violence?

There are many indicators that could signal to you that someone you know is experiencing violence at home. For instance, adults may withdraw from family and friends; stop doing activities they used to enjoy; show signs of depression or anxiety; hint about abuse; and have unexplained bruises or other injuries. Children may also show indicators of abuse, which may include being left alone for long periods of time; acting aggressively towards others; withdrawing from others; being fearful of parents' reactions; and having unexplained bruises or other injuries.

How can you help someone that has or is experiencing abuse?

If you or someone you know is experiencing abuse, it is okay to ask for help.

- If you or someone you know is ever in immediate danger, please call 911.
- 24-hour Family Violence help line 310-1818
- FCSS Counselling Services: (587) 370-3728 or counsellingservices@fcss.ca

We can all play a role in continuing to raise awareness throughout the year. For more information, visit <https://www.alberta.ca/family-violence-prevention>

Visit www.fcss.ca for more information.

Submitted by:
Michael Fedunec
Counselling Services Supervisor



SERVING:

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M.D. of Taber | Nobleford | Picture Butte | Raymond | Stirling | Taber | Vauxhall | Warner



Milk River Kinsmen Club 39TH ANNUAL CORVETTE RAFFLE



**WIN A BRAND NEW
2023 Corvette Stingray Coupe**
Valued at \$83,677.65

Final Deadline: January 31, 2024
Final Draw: February 9, 2024

Prize may not be exactly as appears

EARLY BIRD PRIZE

**WIN
\$5,000
CASH**

Final Deadline: January 5, 2024
Final Draw: January 17, 2024

SECOND PRIZE

**WIN
\$5,000
CASH**

THIRD PRIZE

**WIN
\$2,500
CASH**

FOURTH PRIZE

**WIN
\$1,000
CASH**



Win half of the jackpot up to
\$400,000!



**1
FOR
\$10**

**5
FOR
\$25**

**15
FOR
\$50**

**30
FOR
\$75**

**BUY YOUR TICKETS
TODAY!**

**1
FOR
\$25**

**5
FOR
\$50**

**25
FOR
\$75**

**50
FOR
\$100**

**100
FOR
\$150**

ALSO! Buy tickets as gifts and you choose when to have them delivered to the recipient's email inbox.

milkriverkinsmen.ca

1-888-378-0048

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