

VILLAGE OF COUTTS NEWSLETTER



OCTOBER 2020



ANNOUNCEMENTS

Water Conservation

As a reminder, we are on level II of Water Conservation measures. The Town of Milk River has consulted with MPE Engineering and it has been determined we will have enough water to make it through the winter. Thank you to everyone who adhered to the restrictions. It is because of you that we are in ok shape. They feel that we are safe to lift the restrictions **SLIGHTLY** in order to save trees and shrubs. We are allowing watering 2 days per week for trees and shrubs only. This **does not** include grass. **Please refer to the attached Public Notice.** If we find watering is being abused, the restriction will be put back to complete level II until next spring. Watch our Face Book page for updates on the construction. They look to be on schedule and possibly running water before winter.

Yards

Please make sure all shrubs and trees that are hanging over the sidewalks and streets are trimmed. Trees need to be 16' from the ground to the bottom of the branches/leaves. Yard waste pickup will continue as long as the weather holds. Leaves are just starting to fall off trees, and we will give residents some time to get them raked up. We will continue until the snow is here.

RV'S AND TRAILERS

RV's including trailers and motor homes must be moved off the street for the winter. Please also remove any vehicles that are not running and not being used.

MASKS

Please remember to pick up your non-medical grade masks at the Village Office, we have received 8 additional masks for each family member. Enter the Village Office through the Civic Centre Doors....if there is more than one person already in the Civic Centre, please respect social distancing.

FLU SHOT CLINIC

Coutts will again be having a flu shot clinic in the Civic Centre on October 27 from noon-2pm. Please see the attached poster for information.

HERITAGE HANDIBUS AGM

The AGM for the Heritage Handibus will be Wednesday Oct 14, 2020 at 6:30 pm in the Heritage Hall in Milk River. Everyone welcome...regular meeting to follow.

FCSS- FAMILY AND COMMUNITY SUPPORT SERVICES

Representatives from FCSS will be in our Village in the morning of Tuesday October 6th. They will be going door to door explaining the services that are offered by them for free to members of our community. They will have identification to prove who they are.

Border Community Wellness Foundation Update – Fall 2020

It has been a year of few meetings for many organizations, but the BCWF was able to fit one in on Sept. 14th, 2020. Our group is happy to share that purchases have been made to make the family room at the Milk River Health Care Center more comfortable for those in need. There is now a sofa bed with new bedding, 2 very comfortable recliners, and a wall unit for storage. As there have been limited opportunities to hold fundraising events for local organizations, we are thrilled to be taking part in Corvette ticket sales near Christmas time. As our foundation serves all community members in the County of Warner, and the villages of Coutts, Milk River, and Warner, we would be happy to hear from any volunteers who may be able to help us out with these ticket sales for the Kinsmen Corvette. We thank the Kinsmen group for the wonderful support that they give to numerous organizations in our area. It is so appreciated. Also, there is a need to help transport patients home from the hospital/ER and if you can possibly spare a seat in your vehicle to help people get home, it would be a wonderful way to volunteer in your community. If you are able to help in this regard, or to sell a few tickets for the Corvette around Christmas time, please contact Emma Hult @ 403-344-2222, or Robbie Wills @ 403-344-4312. Have a wonderful fall everyone!

News from Councillor Scott MacCumber

Milk River Watershed Council of Canada

Last meeting date – September 24, 2020.

Milk River - The repairs to the Milk River diversion drops in Montana are nearing completion. While drops 2 and 5 were completely redone, repairs were also made to drop 1. If all goes well and the weather cooperates, Montana intends to send diversion water through the canal system to the North Fork Milk River starting October 8th through to October 31st. Montana intends to run the canal at full capacity (600 cfs) for the full duration of time, which means we will see the Milk River in Alberta come up to near bank full conditions. Let's hope for continued good weather and that no construction problems arise. Updated pictures can be found on the Village of Coutts facebook page or the Watershed webpage: mrwcc.ca.

Online Auction – The recent online auction organized to raise funds to support community driven watershed stewardship initiatives raised \$2,576.00. Thank you to all the sponsors.

Volunteer Observation Reporting Project – Community members were asked to monitor the river during the summer to provide data on the low flow situation. It provided a lot of good information with general information related to algae growth, avian predators of large fish, dead fish, stranded minnows, exposed gas pipelines and upswelling/bubbling of groundwater.

Next meeting – November 26, 2020

Quad Municipality Healthcare Support Committee

Last meeting date – September 1, 2020.

Doctor's Suite at the Hospital – New bedding will be purchased to upgrade the suite.

Dr. Krog – will be leaving Milk River in December and will be providing clinic services in the Coulee Medical Clinic in Taber starting January 2, 2021.

Doctor Recruitment - AHS has already begun the search for another doctor and the committee will be assisting them by organizing site visits for applicants. The ad is posted on doctorjobsalberta.com.

Dr. Ovwasa has settled into the Milk River Medical Clinic and is accepting new patients.

New Members - Our committee is always looking for new members. If you are interested, please call me at (403) 344-3943 or come to our next meeting.

Next meeting – Tuesday, October 6th at 7:00 p.m., at the Milk River Town Council Chambers.

Christmas Hamper and Angel Tree Program

It is the time of year when we start thinking about the Christmas Hamper and Angel Tree Programs. For 2020 I will once again be gathering information and coordinating with the Town of Milk River and St. Pauls United Church to help make some Christmases a little brighter.

We are asking the citizens of Milk River, Coutts, and surrounding area that you think about your neighbors and if you feel that these Programs would possibly benefit and make Christmas a little bit easier for yourself or an individual or family you know please contact me by November 7th with the appropriate information. I will need the name of the family and a phone number to contact them.

The Angel Tree will be placed in the Milk River Town Office on November 12, 2020 so we must have the information prior to that date.

Mark your calendar and remember to come to the Town Office after November 12th to pick up an Angel if you wish to purchase a gift for a child.

Darlene Fleming, Angel Tree Program
Home Phone: 403-393-3223



BORDER SEED CLEANING PLANT AGM

The AGM for the Border Seed Cleaning Plant will be at the Allerston Hall on November 4th at 10 AM.

POPPY CAMPAIGN

The Royal Canadian Legion annual Poppy Campaign begins at the end of this month. This year the campaign runs from October 30 to November 11, 2020. Those of you that have wreaths or crosses may set them out during this time frame. If you'd like to purchase a wreath or cross you can do so by calling Raylene @ (403)666-2260 BEFORE October 21. Poppy trays will be set out Oct 30 until Nov 12. Please give generously. All the monies raised stays in our areas. Donation slips will be coming through the mail as usual or you can give your donation to the Village office in an envelope clearly marked Foremost Legion c/o Raylene Hobbs. Cheques are to be made out to R.C.L. Poppy Fund and mailed to Foremost Legion Box 538 Etzikom, Alta. T0K 0W0 (note change of address). The 2020 Poppy Campaign monies will come your way.

Thank you, Raylene





Triple P

Positive Parenting Program

For families with teenagers.

Triple P is the world's leading positive parenting program that strengthens families by promoting positive relationships.

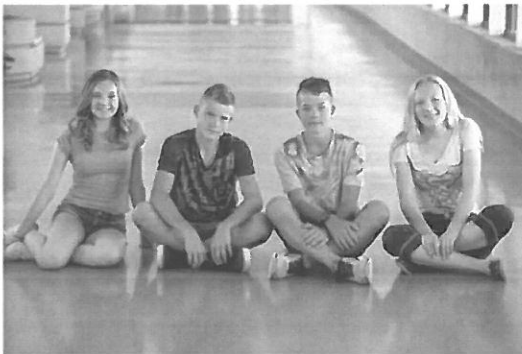
Remote/Online

Wednesday's at 6:00-8:00pm

September 30-November 18, 2020

(3 of these dates will be phone calls)

Attend this 8-week Triple P Teen Group and take the guesswork out of parenting teenagers.



- ▶ **LEARN** positive parenting strategies
- ▶ **DEVELOP** good relationships with your teenager and partner
- ▶ **TEACH** new skills and behaviours to your teenager
- ▶ **ENCOURAGE** behaviours you want to see more
- ▶ **MANAGE** the behaviours you want to see less
- ▶ **CREATE** a parenting plan
- ▶ **MEET** other parents in similar situations who will support you and share their stories



**REGISTRATION IS
REQUIRED!**

TO REGISTER CONTACT:

Name: Amanda Lawrence or Penny Pittman

Email: amanda.lawrence@fcss.ca or penny.pittman@fcss.ca

Phone: 587-370-7847 (A) OR 403-915-4017 (P)



BINGO !!
HERITAGE HALL
MILK RIVER, AB
RESUMES - MONDAY -
OCT. 5TH. - 7:00 PM

**CALLING ALL BINGO PLAYERS WE ARE OPEN
FOR BUSINESS..... SPREAD THE NEWS!!!
COME WITH DOPPER IN HAND & READY FOR
ACTION & FUN!!!!!!
BINGO IS EVERY MONDAY EVENING.**

**COVID-19 REGULATIONS MUST BE ADHERED
TO - HAND SANITIZING AND DISTANCING.
MASKS ARE NOT MANDATORY, BY PLAYERS
OR WORKERS, BUT PLEASE WEAR THEM IF
YOU WANT TO.
STAYING HEALTHY IS A PRIORITY!**

**BINGO GAMES WILL OPERATE THE SAME WAY
THEY WERE PRIOR TO COVID-19.**

**DOORS OPEN AT 6:30PM
BINGO STARTS 7:00PM
HOPE TO SEE ALL YOUR SMILING FACES!**

COMMUNITY FLU SHOT CLINIC

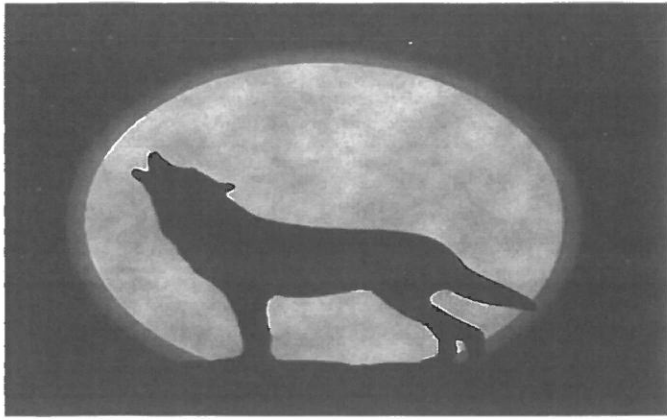
Prevent the flu this year.
Get your flu shot with a
Save-On-Foods pharmacist on-site.

See details below.

Flu Shot Clinic for ages 5+ and COVID-19
Testing for ages 10+ at the Civic Center. - Coutts

Please book online at www.sof.as.me/coutts,
October 27 12-2pm





**LONEWOLF
HANDYMAN
SERVICES
INC.**

**SPECIALIZING IN:
DECKS, LANDINGS, FENCING,
AND OTHER CARPENTRY
PAINTING, ROOFING,
PROPERTY CLEAN UPS, DUMP
RUNS, PROPERTY
MAINTENANCE, MOWING
AND MORE
INQUIRE PHONE CELL**

call

CELL: 403-635-2013

Healthy - Covid19 Free

October News

Warner Adult Learning

Paint a Picture

Milk River Town Office
October 2 Friday 6:30-9:30



SCAMS-

Oct 5/2020

on-line 7-9:00pm

Men's Evening English

Wednesdays, Oct 21 – Dec 2, 2020

6:30 – 8:30 pm

Get Better at Reading & Writing English - Stirling

GED Prep & Exam Sept 29- Dec 15, 2020

*Check Our Program Guide for more information on the classes or
call 403-421-0036 or email warneradultlearning@gmail.com*

To register for all programs, just call 403-421-0036 or
403-223-1169 or **email:** warneradultlearning@gmail.com

NEWS FROM YOUR LOCAL LIBRARY

Well, we have passed last year's first day of winter so maybe we will have fall in southern Alberta this year. We are still not allowing use of our library computers at this time but welcome in person visits to the library to check out other materials. Normal covid rules apply to your visit, hand sanitizer, social distancing etc. We have lots of masks available to hand out so if you are in need of some for your families use, stop in and pick some up.

We are going to offer some classes once again. Class 1 of 7 in the Fundamental Digital Literacy Skills Program Introduction to Computers will be held on Thursday, November 5, 2020 from 5:00 – 6:00 pm in the library. Join us to learn the fundamentals of computer and internet use, including the use of common computer programs, web browsers, search engines and email. For more information or to register: 403-344-3804 or help@couttslibrary.ca.

Online Resources you can access with your library card.

Libby is our app for all things e-books and e-audiobooks. We have thousands of titles for children, teens and adults that can be downloaded onto your device.

Creativebug offers online videos, arts and crafts workshops and techniques. Learn how to paint, knit, crochet, sew, screen print and so much more.

Hoopla offers a wide range of movies and TV shows for streaming, as well as a variety of books and audio books. There's no wait for items as everything is available for immediate download. You are, however, limited to five downloads per month.

PressReader allows you to have access to thousands of newspapers from all around the world.

RBdigital and Flipster offer library customers the ability to download popular magazines. From People to Maclean's there are a number of options to choose from.

TumbleBook Library offers hundreds of popular children's books read aloud for children, who can follow along as pictures and graphics are displayed on the screen, as well as read along titles for children to practise their reading. And for some fun, there are puzzles and games.

Looking forward to seeing you soon!



Thank you to all who submitted pictures for our calendar. We had a wonderful response and now must decide which 13 pictures to choose. We will have the calendars available for order and purchase for Christmas. Keep your eyes open for it.

Roller skating typically starts up at the end of October, due to the Covid-19 pandemic and our new way of living, we are asking for your feedback. *Would you attend an evening of Roller skating, following Covid-19 guidelines?* Please let us know your thoughts by **October 16** so we can make the right decision for our community.

The **Harvest Festival** committee is busy planning next year's festival; it is a full year away which gives us plenty of time to make it fabulous. For those of you that have ideas or some time on your hand to help in any way, they meet the first Tuesday of every month at 7PM, in the Agora Room of the Civic Centre, and want to hear your vision....so come join them with your thoughts and ideas and make this Festival one to remember. *Mark the date on your calendar **September 25, 2021 !!***

Follow us on FB: <https://www.facebook.com/mrdagsociety>
Our email address is mrdagsociety@outlook.com

MILK RIVER CABLE CLUB

WHAT'S HAPPENING?

The Milk River Cable Club office will be closed Monday, October 12 for Thanksgiving.



We have now replaced all main amplifiers in Milk River and are seeing an improvement in signal quality across town. We will still be working to balance the system, but this will not cause town wide outages as before. We appreciate everyone's patience and understanding.

Did you know you have access to view your MRCC account at any time? We are strongly encouraging all members to utilize the member portal on our website (www.milkrivercable.ca) to check their billing and internet usage. If you have not set up your member portal, please contact Kelsey or Nicole to do so.

For internet subscribers, please note that as a courtesy our system automatically notifies you by e-mail when you have reached 75% and 100% of your chosen bandwidth limit. While we offer this to our members, it is always the individual's responsibility to monitor their own usage. If you have not provided an e-mail address to us, you will not receive these notifications. This is also why we are strongly encouraging members to use the member portal. If you have any questions regarding usage and bandwidth limits, please contact the office.

Congratulations to Kelsey and Steve on their wedding this month. We wish you a lifetime of love and happiness!



MRCC Board of Directors

President LEONARD MCCULLOCH: mclen@mrcable.ca
 Secretary TONY MILLER: antreen@mrcable.ca
 Treasurer BOB THIELEN: bbs@mrcable.ca
 KEITH LOSEY: kplfarms@mrcable.ca
 DARREN OSTENBERG: sales@mrcable.ca

TECH TALK

Our VOIP phone system continues to have intermittent interruptions. We have replaced failing equipment and increased phone bandwidth to handle the increased call volumes our phone system is seeing.

If you are experiencing phone quality issues or call failures, we **NEED** you to please provide:

1. **The date and time of the call**
2. **The number calling/being called**
3. **Exact details of what happened.**

Without these specific details, we cannot troubleshoot any further.



EVANGELICAL MISSIONARY
CHURCH OF CANADA

Box 36
Warner, AB
T0K 2L0

FAX -403-642-2530

warneremcc@gmail.com

Warner Evangelical Church Fellowship

September 22, 2020,

The Warner Evangelical Church Fellowship at a recent meeting has come to the difficult decision that we no longer have the people or the resources to continue with the day to day operations of the church.

We are looking to form a partnership with an interested group who may want to share in the responsibilities and use of the building.

Please submit a written proposal to our board by email warneremcc@gmail.com or mail to Warner Evangelical Church Fellowship, P.O. Box 36 Warner, AB T0K 2L0

Deadline for submitting a proposal to our board is Friday, October 23, 2020.

Thank you,

Warner Evangelical Church Fellowship Board

County of Warner Adult Learning & Literacy Community Learner Support Services

FREE: Resume Writing Help

FREE: Job Coach

FREE: Career Employment Search

FREE: Newcomers Support

For Appointment Call 403-421-0036 or 403-223-1169

WANTED



**Donations for the Alberta Children's Hospital and I will get a
"Man Makeover"
Please help us raise \$5000 and Jay O'Hara will participate in a
makeover.**

Please see ATB Milk River for more information.

Tax receipts available for cash donations over \$25.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <p><u>Infant Massage</u> 1:30-2:30 pm Janet</p> <p><u>TRIPLE P DISCUSSION GROUP</u> – Managing Fighting and Aggression 7:00-9:00 pm Myrna & Janet</p>	<p>2</p> <p><u>FACEBOOK LIVE - CIRCLE TIME</u> 10:00- 10:30 am Myrna & Janet</p>
<p>5</p> <p><u>CIRCLE TIME</u> 12:30- 1:00 pm Jackie & Kim</p> <p><u>BABY AND ME</u> 1:00-2:30 pm Brenda, Stacey & Penny</p>	<p>6</p>	<p>7</p> <p><u>CAREGIVER CAFÉ</u> 10:00-11:00 am Myrna & Janet</p> <p><u>CIRCLE TIME</u> 11:30 am-12:00 pm Jackie & Kim</p> <p><u>CAREGIVER CAFÉ</u> 1:00-2:00 pm Tashina & Penny</p> <p><u>TRIPLE P Teen GROUP</u> - 6:00-8:00 pm Amanda & Penny</p>	<p>8</p> <p><u>Baby Signing</u> 10:00 am Kim, Kimmy & Penny</p> <p><u>Infant Massage</u> 1:30-2:30 pm Janet</p> <p><u>TRIPLE P Parent Toddler Tips</u> – Separation Problem 1:30-2:00 pm Kim, Kimmy & Jackie</p> <p><u>TRIPLE P Parent Teen Tips</u> – Dealing with Anxiety and Depression 7:00-7:30 pm Kim, Kimmy & Jackie</p>	<p>9</p> <p><u>FACEBOOK LIVE - CIRCLE TIME</u> 10:00- 10:30 am Myrna & Janet</p>
<p>12</p> <p><u>THANKSGIVING</u></p>	<p>13</p>	<p>14</p> <p><u>CAREGIVER CAFÉ</u> 10:00-11:00 am Myrna & Janet</p> <p><u>CIRCLE TIME</u> 11:30 am-12:00 pm Jackie & Kim</p> <p><u>CAREGIVER CAFÉ</u> 1:00-2:00 pm Tashina & Penny</p> <p><u>TRIPLE P Teen GROUP</u> - 6:00-8:00 pm Amanda & Penny</p>	<p>15</p> <p><u>Baby Signing</u> 10:00 am Kim, Kimmy & Penny</p> <p><u>Infant Massage</u> 1:30-2:30 pm Janet</p> <p><u>TRIPLE P Parent Toddler Tips</u> – Sharing 1:30-2:00 pm Kim, Kimmy & Jackie</p> <p><u>TRIPLE P DISCUSSION GROUP</u> – Developing Good Bedtime Routines 7:00-9:00 pm Myrna & Janet</p>	<p>16</p> <p><u>FACEBOOK LIVE - CIRCLE TIME</u> 10:00- 10:30 am Myrna & Janet</p>
<p>19</p> <p><u>CIRCLE TIME</u> 12:30- 1:00 pm Jackie & Kim</p> <p><u>BABY AND ME</u> 1:00-2:30 pm Brenda, Stacey & Penny</p>	<p>20</p>	<p>21</p> <p><u>CAREGIVER CAFÉ</u> 10:00-11:00 am Myrna & Janet</p> <p><u>CIRCLE TIME</u> 11:30 am-12:00 pm Jackie & Kim</p> <p><u>CAREGIVER CAFÉ</u> 1:00-2:00 pm Tashina & Penny</p> <p><u>TRIPLE P Teen GROUP</u> - 6:00-8:00 pm Amanda & Penny</p>	<p>22</p> <p><u>Baby Signing</u> 10:00 am Kim, Kimmy & Penny</p> <p><u>Infant Massage</u> 1:30-2:30 pm Janet</p> <p><u>TRIPLE P Parent Toddler Tips</u> – Tantrums 1:30-2:00 pm Kim, Kimmy & Jackie</p> <p><u>TRIPLE P Parent Teen Tips</u> – Lying 7:00-7:30 pm Kim, Kimmy & Jackie</p>	<p>23</p>
<p>26</p> <p><u>CIRCLE TIME</u> 12:30- 1:00 pm Jackie & Kim</p>	<p>27</p>	<p>28</p> <p><u>CAREGIVER CAFÉ</u> 10:00-11:00 am Myrna & Janet</p> <p><u>CIRCLE TIME</u> 11:30 am-12:00 pm Jackie & Kim</p> <p><u>CAREGIVER CAFÉ</u> 1:00-2:00 pm Tashina & Penny</p> <p><u>TRIPLE P Teen GROUP</u> - phone 6:00-8:00 pm Amanda & Penny</p>	<p>29</p> <p><u>Baby Signing</u> 10:00 am Kim, Kimmy & Penny</p> <p><u>Infant Massage</u> 1:30-2:30 pm Janet</p> <p><u>TRIPLE P Parent Toddler Tips</u> – Whining 1:30-2:00 pm Kim, Kimmy & Jackie</p> <p><u>TRIPLE P DISCUSSION GROUP</u> – Hassle Free Shopping with Children 7:00-9:00 pm Myrna & Janet</p>	<p>30</p> <p><u>FACEBOOK LIVE - CIRCLE TIME</u> 10:00- 10:30 am Myrna & Janet</p>