

# VILLAGE OF COUTTS NEWSLETTER

**NOVEMBER  
2022**



REMEMBRANCE DAY  
*Let's We Forget*



## ANNOUNCEMENTS

### REMEMBRANCE DAY

The Remembrance Day Service will be as usual, November 11 at 10 am in the Civic Centre. Thank you to everyone that has stepped forward to organize and take part.

### SUMMER/FALL PROJECTS

We were able to accomplish all the projects we had slated for this year. We fixed/rerouted the road up by the parking lot, sand sealed 2 more streets, replaced a block of sidewalk (almost complete) and patched some pavement. There is a bit more pavement patching along the block of sidewalk still to be done. The cost of these projects was around \$130,000 and was all done with grant funding.

### TAXES

If you have not paid your 2022 property taxes, there will be another penalty applied on Jan 1, 2023. The penalty is 12%, so any amount of payment would be helpful.

### PETS

We have a few irresponsible pet owners. All your pets are to be kept in your own yard. Dogs need to be leashed when walking them, and it is your responsibility as an owner to pick up after them.

## NEWS FROM YOUR LOCAL LIBRARY

Our November book club will be on Thursday November 10<sup>th</sup> at 2:00 pm at the library. This is open for anyone to attend so please join us if you haven't already, it is an informal discussion of books and authors and you may be inspired to try a new author that you haven't yet read and an added bonus is lots of laughter, hope to see you.

The foot traffic promotion for this month will take place on Tuesday November 29<sup>th</sup>. Come in to the library for Cider Tuesday and enter your name for a chance to win an apple cider prize package.

If you like to do jigsaw puzzles do we have a deal for you. Our Friends of the Coutts Library group are purchasing some puzzles and trays that will be available for you to borrow in the very near future. We are also accepting donations of puzzles that are in good condition and not missing any pieces to add to this display. If you are looking to get rid of puzzles that you have already done, just drop them off at the library. As well we will have a puzzle set up in the library that anyone can come in and work on anytime during our open hours.

### **HERITAGE HANDIBUS ASSOCIATION**

The Toyota Handibus is scheduled to travel to Lethbridge on Nov 2, 2022. The cost is \$40.00 per person with a minimum of 3 riders prepaid. Riders are required to book their ride 24 hours in advance with payment due at that time. If 3 riders are not prepaid, the bus does not travel.

The only the small bus is available for charters at the moment.

Please call the Town of Milk River Office Staff to arrange booking, payment and more information.

The next meeting of the Heritage Handibus Association is Nov 9 2022 at the Town Hall. Everyone is welcome, we need more community participation please.

Welcome to Fall.

### **PRAIRIE ROSE LODGE BIT'S AND PIECES - NOV 2022**

We have had an eventful month here at Prairie Rose Lodge! Terra has kept the Residents very busy with many outdoor activities while we were still able to enjoy the last bit of our beautiful Summer. Some of our adventures included a Cheese Factory tour, a trip to the Casino in Lethbridge, & Wander West was here to entertain us.

We enjoyed celebrating not just Octoberfest with the Good Timer's at the Lodge, but we also took in as many Thanksgiving Events as we could. We enjoyed a Wine & Cheese Party, as well as a delicious homemade Thanksgiving Dinner.

Two of our Residents also celebrated their 67<sup>th</sup> Wedding Anniversary this month...it has been an entire month of so many good things to be thankful for!

As we settle into sweater weather, we are welcoming some Students from the Grade 10 class at Earl Rivers High school as they volunteer to help out around the Lodge where needed. They have been absolutely delightful & our Residents have enjoyed the extra company.

As always, a special thanks to some members of The Ladies Auxiliary Club! They are always so generous with their time & offer a helping hand whenever needed.

This coming month we are looking forward to Personal Touch Fashion on November 29<sup>th</sup>, all of our special Remembrance Day Ceremonies, the Resident Birthday Party on November 9<sup>th</sup>, & lots of fun weather appropriate activities that Terra has planned.

Happy Fall Y'all from the Staff & Management of PRL

### **COUTTS ATB AGENCY**

#### **NEW TEMPORARY HOURS:**

Monday November 7—Closed

Monday November 14— Closed

Wednesday November 9—Open 10:00-3:00

Thursday November 17— Open 10:00-1:00

Friday November 11— Remembrance Day - Closed

Wednesday November 23— Closed

All other business days will be open 10am-3pm

**These hours are temporary and regular hours will resume.**

**Sorry for any inconvenience and thank you for your patience.**

**Megan Payne—Agency Owner**



# **REMBRANCE DAY SERVICE**

**COUTTS CIVIC CENTRE/**

**CENOTAPH PARK**

**NOVEMBER 11TH, 2022**

**10 AM**

**EVERYONE WELCOME**

**REFRESHMENTS TO FOLLOW**

**2023 MILITARY SERVICE RECOGNITION BOOKS**

The annual publication helps identify and recognize many military service members and Veterans who serve or have served our country. Stories are now being collected for the 2023 submission. Anyone may submit Veterans stories, pictures, clean jokes or a poem. Submission stories have a maximum of 500 words and should include a photo of the identified Veteran. Photographs and other information will NOT be returned, so please scan and email OR copy and mail it with your submission. Submission deadline for the 2023 book is January 31, 2023. No exceptions. These books are free and are delivered to the Foremost Legion later on in the year. Call (403) 666-2260 if you'd like to receive a copy. There will be a charge if I have to mail them. Email submissions too:

[vetsbook@fenety.com](mailto:vetsbook@fenety.com) or mail too: Military Service Recognition Book – P.O. Box 1266 Station "M" Calgary, Alta. T2P 2L2 – *submission forms available at The Village Office*

### ***For Your Information***

The Poppy Campaign is a Dominion wide project that all Royal Canadian Legion's get involved with. The monies raised through wreath sales, donations, and poppy sales goes directly into a separate bank account. No cheques can be written out of this account except for legitimate expenses or Command approved Donations. In recent years donation monies have been dispersed as follows:

<b>2019</b>	<b>Foremost Medical Clinic</b>	<b>\$788.56</b>
	2 Nebulizer Units, 2 Stethoscopes, 2 Blood Pressure Cuffs	
	<b>Bow Island Pleasant View Lodge</b>	<b>\$288.72</b>
	Oxygen Reader, Blood Pressure Machine, Temperature Thermometer	
	<b>Foremost Fire Department</b>	<b>\$3513.62</b>
	5 Burn Kits, 4 Type 2 First Aid Kits, Type 3 First Aid Kit, Spine Board and Straps, Stretcher Straps, Scoop Stretcher, 1-4 Gas Monitor, Thermal Imaging Camera	
<b>2020</b>	<b>Warner Fire Department</b>	<b>\$979.87</b>
	Ferno Trauma Bag-blood pressure cuffs, stethoscope, big valve mask, sterile pads, compress ties, gauze, bandages (tensor & assorted), alcohol swabs, tape, pulse oximeter, glucose test strips, lancets, OPA's, nasal cannula	
	<b>Milk River Health Center</b>	<b>\$2108.97</b>
	ECG Trolley cart and four overbed tables	
	<b>Prairie Rose Lodge</b>	<b>\$1722.00</b>
	Patio Furniture— swing, four chairs and coffee table, regular size table, BBQ	
<b>2021</b>	<b>Bow Island Health Center</b>	<b>\$2049.53</b>
	Patient Monitoring Equipment & stand with basket	
	<b>Foremost Medical Clinic</b>	<b>\$1557.32</b>
	2 blood pressure machines, pediatric pulse oximeter, adult pulse oximeter, weigh scale, wheel chair, digital no touch forehead thermometer	
<b>2022</b>	<b>Coutts, Milk River, Warner</b>	

## Milk River Historical Society

Our next meeting will be held on November 17<sup>th</sup> at 7:00 pm at the museum, everyone welcome to attend.

William King is available for tours of the museum. Give him a call at 403-647-3428 to arrange a suitable time. Please see information regarding Oral History Project being held on November 5<sup>th</sup>.

### **MILK RIVER HISTORICAL SOCIETY IS OFFERING A COMMUNITY ORAL HISTORY WORKSHOP**

**THIS WORKSHOP IS FUNDED BY A GRANT FROM THE  
COMMUNITY FOUNDATION HENRY S. VARLEY FUND FOR  
RURAL LIFE ENSURES FUTURE STUDY OF MILK RIVER  
AREA ORAL HISTORY.**

#### **PRESENTERS INVITED TO ATTEND:**

- DIANE MCKENZIE B.A.M.A HISTORY OF RURAL WOMEN**
- WENDY AITKENS MILITARY MUSEUM WOMEN IN  
SERVICE FROM THE AREA**
- DR. CAROL WILLIAMS U of L WOMEN STUDIES**
- KIMBERLEY LAYLL MOTIVATIONAL SPEAKER AND  
CONSULTANT OF ORAL HISTORY PROJECTS**

**SATURDAY NOVEMBER 5TH, 2022  
9:30-4:00 HERITAGE HALL  
MILK RIVER, AB**

**\$10.00 CASH AT THE DOOR INCLUDES LUNCH AND  
SNACKS**

### **THANK YOU**

On behalf of St. Peter's Catholic Church, thank you so much for supporting our Annual Fall Dinner Fundraiser. We enjoyed serving everyone that ventured out to attend the Fundraiser at the Civic Centre. Also, a big thank you to those who ordered take out meals. Your generosity and support greatly appreciated. God Bless

### **CHRISTMAS HAMPER AND ANGEL TREE PROGRAMS**

With the holiday season quickly approaching we would like to remind you about the Christmas Hamper and Angel Tree programs.

The Angel Tree will be going up on November 14 at the Milk River Town Office. If you would like to participate by purchasing a gift for a child please come down and pick up an Angel on or after that date. Once you have purchased an age-appropriate gift for that child please leave the gift unwrapped, attach the Angel tag to the gift, and return it to the Milk River Town Office by December 12. If you wish to receive a Hamper or place a child on the Angel Tree please contact me before Nov 10<sup>th</sup>.

Thank you everyone who participates in these incredible programs.

Darlene 403-393-3223

## News from the Border Rascals Social Club

As our hot, dry, bug infested summer days turned into a glorious fall, we southern Albertans enjoyed paradise! With very little wind and warm, sunny days this fall was just perfect. The fall colours dotted the countryside and the harvested fields were picture quality. We had everything to be grateful for this Thanksgiving.

Our October Thanksgiving potluck was on Thursday, the 27<sup>th</sup> at 5:30 pm at the rec' hall. We all enjoyed a harvest meal, conversation and connecting with friends and neighbours. Mark your calendars for the 4<sup>th</sup> Thursday of each month and join us for potluck dinner.

Work has started on improvements at our two village cemeteries. Steve Pain has pruned trees and bushes and with help of the Village crew, removed dead and over grown materials. New top soil and borders surround neglected flower beds. Some new plantings are in and with the help of the village crew who watered all summer, we hope to establish new growth. We will be providing new signage (plot layouts) at each of the cemeteries as well as more shrubs and perennials in the spring. Thankyous go out to the families who have generously donated to this endeavor. Again, we welcome your requests for memorial plantings and suggestions that would make attractive, viable additions to these landscapes. You may contact any of the Rascals executive with ideas.

Debbie Pain extends an open invitation to come to Book Club at the library where book fans can share their favorite reads with each other. The Book Club meets every second Tuesday at 2:00 pm at the Coutts library.

Bring a friend or new neighbor and join the Border Rascals' Social Club. Most of us are over 55 years old but don't let that scare you!

from your executive;

Jim Willett, president  
Betty Ostby, vice-president

Kris Rollins, secretary  
Mardell Pederson, treasurer

**!! IMPORTANT!!**

### **RIVERSIDE COMMUNITY GOLF SOCIETY'S AGM**

**When: Tuesday, December 13<sup>th</sup> @ 7pm**

**Where: Milk River Council Chambers in the Town Hall**

**The society will have multiple positions available.**

**We're always looking for new members, with fresh ideas, willing to lend a hand to improve our hometown course. If that's you, please come by the meeting!**

**We hope to see you there!**



*Ongoing events at the Civic Centre:*

- *Wendy's Exercise* - Monday & Thursday 9:30-10:30
- *FCSS Stay & Play* - November 8, 9:00-11:00; Nov 22, 11:30-12:30
- *Pickleball* - Monday & Tuesday 1:30 -3:30; Thursday 7:00-9:00
- *High Fitness* - Tuesday 6:00-7:00
- *Walking for Health* - Wednesday 10:30-11:30

*Upcoming events:*

- **ERHS South Zone Volleyball Tournament** - November 5
- **Rollerskating** - Friday, November 18 7:00-9:00
- **Mistletoe Market** - Saturday, Dec 3
- **Movie Night** - Friday, Dec 16

Yes, our Rollerskating is starting up again, look for the poster with the dates in the Newsletter. We'll also have a Movie Night in December planned so keep Dec 16 on your calendar📅. Our AGM is fast approaching in December, we are always looking for new faces to join us, look for more information next month, or contact us directly.

Follow us on FB: <https://www.facebook.com/mrdagsociety>

Our email address is [mrdagsociety@outlook.com](mailto:mrdagsociety@outlook.com)

Check us out at: [Milk River & District Ag Society - Home](#)

---

## WARNER ADULT LEARNING NEWSLETTER 2022



### EMERGENCY FIRST AID COURSE

**NOVEMBER 19, 2022 (REGISTER BY NOV. 10)**

9:00 AM TO 4:00 PM (BRING YOUR LUNCH AND A WATER BOTTLE)

RAYMOND, AB. INSTRUCTOR: LONI SNOW COST \$125.00

This basic in-person one day course offers you the latest lifesaving first aid and cardiopulmonary resuscitation (CPR) skills for the work place or home. This course will give you certification that meets legislation requirements for provincial/territorial worker safety and insurance boards. Register -Warner Adult Learning 403-421-0036

### DIGITAL DISCOVERY: HELP US, HELP YOU!

growing in your computer knowledge and digital skills can be challenging. Want to move forward? Call Warner Adult Learning (403) 421-0036 to book a time when we can meet with you. We can help you move forward with problems and create your own personal plan to help you get to where you want to be. One time fee of \$10.00

Our computer experts Suzanne and Fred Furlong will guide you and answer any questions you might have concerning your digital devices.

# TRI-COMMUNITY PROGRAMMING - NOVEMBER

## Stay & Play

Drop-in Program for Parents/Caregivers & Children (birth to 5)  
Learn through play, understanding how to best support the child's natural curiosity, and gain the self-confidence required to engage in new experiences.

2nd & 4th Tuesday of the month  
9:30-11:00 am  
Mill River Care Center - Aural Room

For more information contact:  
Penny  
403.915.4077 ext.204  
penny.pittman@fcscs.ca




## Raising Emotionally Resilient Children

Presented by  
**Tami Burker**  
Child Development Specialist  
with Aural Room Services

Learn about the importance of resiliency and how relationship and connection nurture and grow this skill in your children and yourself.

Wednesday  
November 30th  
7:30 pm  
Via ZOOM

For more information or to register contact:  
Penny  
penny.pittman@fcscs.ca  
403.915.4077 ext.204



## Open Play

Warner FCSS is OPEN for families to drop-in and play together.  
An unstructured play opportunity for Parents/Caregivers & children (birth - 5yrs)

WEDNESDAYS  
November 9th & 23rd  
9:30-11:00 am  
Warner FCSS

For more information please contact Penny  
penny.pittman@fcscs.ca or 403.915.4077 ext.204



PROGRAMS ARE AVAILABLE FREE OF CHARGE TO ALL RESIDENTS OF THE COUNTY OF WARNER REGARDLESS OF LOCATION

## Triple P Positive Parenting Program

For families with teenagers.  
Remote/Online

Triple P is the world's leading, primary prevention program for promoting positive parenting. Positive parenting practices are learned through a series of self-paced modules.



### Coping with Teens Emotions

During the teenage years emotions can run high. This discussion group helps teach teens how to better manage their emotions.

Wednesday  
November 30th  
1:00-3:00 pm

REGISTERED CONTACT:  
Penny  
403.915.4077 ext.204  
penny.pittman@fcscs.ca

A link will be sent to you after registration!

## Triple P Positive Parenting Program

For families with teenagers.  
Remote/Online

Triple P is the world's leading, primary prevention program for promoting positive parenting. Positive parenting practices are learned through a series of self-paced modules.

### Getting Teens to Cooperate

Many parents find their teens less cooperative during the transition from child to adult. This discussion group helps teach teens how to be polite and cooperative.

Wednesday  
November 23rd  
1:00-3:00 pm

REGISTERED CONTACT:  
Penny  
403.915.4077 ext.204  
penny.pittman@fcscs.ca

A link will be sent to you after registration!




## Triple P Positive Parenting Program

For families with teenagers.  
Remote/Online

Triple P is the world's leading, primary prevention program for promoting positive parenting. Positive parenting practices are learned through a series of self-paced modules.

### Is this you? Do you have a child who throws food or argues at mealtimes?

This discussion group will explore strategies to help your child with eating behavior. (How to help you manage your child's behavior, establish and implement a plan.)

### Hassle Free Mealtimes With Kids

Thursday November 10th, 2022  
1-3pm  
Online a zoom link will be sent.

REGISTERED CONTACT:  
Penny  
403.915.4077 ext.204  
penny.pittman@fcscs.ca




## Triple P Positive Parenting Program

For families with teenagers.  
Remote/Online

Triple P is the world's leading, primary prevention program for promoting positive parenting. Positive parenting practices are learned through a series of self-paced modules.

### Positive Parenting in a Nutshell

Most of the time, parenting is slow. But there are times when things get a little tricky. Join Penny Pittman for the Parent of Teen group, an introduction to Triple P.

### Getting Teenagers Connected

You'll learn ways to build their confidence, encourage their social skills, help them to plan and meet commitments and encourage them to take care of others.

Wednesday  
November 9th  
1:00-3:00 pm  
Online

REGISTERED CONTACT:  
Penny  
403.915.4077 ext.204  
penny.pittman@fcscs.ca






# 2023 Rollerskating

7:00 to 9:00 PM



Nov 18

Dec 9

Dec 30

Jan 13

Jan 27

Feb 3

Feb 17

Mar 3

Mar 17

Admission  
\$1.00



Helmets must be  
worn by every skater



Hot dog \$2  
Popcorn, pop,  
coffee  
\$1 each

# ANNUAL MEETING

## COUTTS AND DISTRICT AGRICULTURAL SOCIETY

TUESDAY, NOVEMBER 29<sup>TH</sup>, 2022

6 PM

COUTTS COMMUNITY CENTRE

**EVERYONE WELCOME**

10 Directors for **ONE-YEAR TERMS** (Village and Rural Members) are required to continue to be in good standing and receive approximately \$20,000 from Alberta Agriculture annually.

We hold **SHORT** monthly meetings as needed, and provide assistance to local organizations, ie Coutts Day and Coutts Sweetgrass Rodeo activities each year.

If you or your organization would like assistance, please attend any Agricultural Society meeting or provide a written request to any Ag Society Director.

Please volunteer your time for a **ONE-YEAR** term in any capacity to ensure the grant money keeps coming into our community!



**LONEWOLF  
HANDYMAN  
SERVICES  
INC.**

**SPECIALIZING IN:  
DECKS, LANDINGS, FENCING,  
EAVESTROUGH CLEANING,  
OTHER CARPENTRY, PAINTING,  
ROOFING, PROPERTY CLEAN  
UPS, DUMP RUNS, PROPERTY  
MAINTENANCE, MOWING  
AND MORE  
CALL JAKE**

**CELL: 403-635-2013**

# Mistletoe Market



**Saturday, December 3**

**10am—4pm**

**Milk River Civic Centre 321 3rd Ave**

**Enjoy the day shopping, eating and visiting**

**“Kinette Christmas Shoppe for Mom and Pop”**

**Come and meet many new vendors**

**Concession Available**

**EVERYONE WELCOME**

**Contact Laurie Balog @ 403-642-7500**



# Christmas Movie Night

## December 16, 7PM

### Milk River Civic Centre

# Shrek the Halls

*Admission*  
**\$1.00**



Brought to you by the

**Milk River & District Ag Society**



**Popcorn & Pop**  
**will be available**



Milk River Kinsmen Club

# 38TH ANNUAL CORVETTE RAFFLE



**GRAND PRIZE**  
**2023 Corvette Stingray Coupe**

Value \$75,593

SECOND PRIZE \$5,000

THIRD PRIZE \$2,500

FOURTH PRIZE \$1,000



**ORDER ONLINE AT**  
**WWW.MILKRIVERKINSMEN.CA**

Tickets Start at \$25 each | 5 for \$50 | 25 for \$75 | 50 for \$100 | 100 for \$150

ALSO! Buy tickets as gifts

**EARLY BIRD DRAW!**  
**WIN \$5,000 CASH**

Buy your tickets before January 5, 2023



**KINPOWER**  
**50/50**

Win half of an ever-increasing jackpot

**UP TO \$150,000**

See the current jackpot @ [www.milkriverkinsmen.ca](http://www.milkriverkinsmen.ca)

Tickets Start at \$10 each | 5 for \$25 | 15 for \$50 | 30 for \$75

**MURRAY**  
LETHBRIDGE

SUPPLIER OF THE 2023  
CORVETTE STINGRAY COUPE

Serving Western Canada Since 1926



**FINAL CUT-OFF**  
**JANUARY 31, 2023**

Final Draw: February 10, 2023

For inquiries please call  
Toll Free: 1-888-379-0048

\*Prizes may not be exactly as shown

Corvette Raffle Licence # 607860, total tickets printed: 153,700. Early bird draw date: January 17, 2023. Total value of prizes: \$91,593.  
KinPower 50/50 Licence #607861, total tickets printed: 48,905. KinPower 50/50 and Corvette Raffle final draw date: February 10, 2023.  
For complete rules and regulations, please visit: [www.milkriverkinsmen.ca](http://www.milkriverkinsmen.ca)