

VILLAGE OF COUTTS NEWSLETTER SEPTEMBER 2024



WATER

Thank you to everyone that is abiding by the restrictions. It is very evident that most people are as we have read the meters for September's billing. It is important that everyone follow the restrictions. We are still enforcing **Level III Restrictions**. As a reminder this includes, no watering of lawns, washing of cars, driveways or sidewalks, etc. Watering flowers, gardens, and trees is allowed with a watering can, or drip irrigation. Sprinklers and soaker hoses are not allowed at this time.

Together with Alberta Environment, MPE Engineering, The Town of Milk River and the Village of Coutts, investigations into different scenarios to ensure we will have municipal water before the siphons in Montana are replaced. There are few different options that are viable, and once one is determined to be the best, it will be announced. If you are interested in the progress on the repair in Montana, follow The Milk River Project on Facebook, or their website. They post very good updates complete with pictures.

SKUNKS, DOGS

So far, public works has trapped 26 skunks. This must be a record. Please quit leaving food out for cats.

Also, please walk your dogs on a leash, and pick up after them. It is very evident around town that not everyone is picking up after their dogs. As a dog owner, it is your responsibility to maintain control of them at all time, and to clean up after them. Thank you!



WENDY'S WORKOUTS

STARTING AUGUST 15, 2024

CLASSES ARE

MONDAY AND THURSDAY

9:30 AM AT THE

MILK RIVER COMMUNITY CENTRE

\$5 DROP IN FEE

ALL FITNESS LEVELS ARE WELCOME!

NEWS FROM YOUR LOCAL LIBRARY

Darn, I guess summer is over and the kids have returned to school. Who knew it was going to go so fast once again, it's just not fair! With any luck we will have a nice long fall season!

We will be returning to our regular library hours next week so we'll be open Tuesday 2-7 pm, Wednesday 10:30 am – 1:30 pm and Thursday 2-7 pm. Drop in book club will be held on Thursday September 12th at 2:00 pm at the library, come and join us.

Celebrate Cookbook Month with us in September. Enter online for your chance to win one of our cookbook bundles! To enter you can scan a QR code (this will be posted in the library) or visit www.chinookarch.ca/cookbook-month-contest. One entry per person and there will be a winner in each of these categories: adult, teen and child.

We have been donated a "boot" that we are happy to loan to our patrons if you find you need to use one of these due to an injury etc. Instead of buying one you are welcome to borrow from us. Thank you for the donation.

We have a had one of our books go missing. The title of the book is 'The Gift' by Steve Pain. If you have it would you please return it to the library as soon as possible. If you are still reading it, please give us a call at 403-344-3804 so we know where it is. You are welcome to finish reading it, we are just anxious to know what happened to it. Thank you.

If you are interested in learning how to make a 'dream catcher' please let us know at the library. We can arrange a class to make this happen but we need more people in order to book the instructor. We had two people express interest after our last notice but the instructor would be coming from out of town to make it worthwhile we need more participants.

MILK RIVER HISTORICAL SOCIETY

The September meeting will be on the 19th at 7:00 pm at the museum. Everyone is welcome. As always, call William King at 403-647-3428 for a tour of the museum.

MILITARY RECOGNITION BOOKS

The 2024 Military Service Recognition books have arrived. If you'd like to receive your free copy call (403) 666-2260. COD charges will apply if mailed. Thank you!

COMMUNITY PASSENGER VAN SERVICE

Commencing September 3, 2024

Disabled persons or Seniors 55+

**Tuesday and Thursdays within the communities of
Coutts, Milk River and Village of Warner**

Lethbridge Service on Wednesday of each week

**Handibus availability for charters and MRHC
movement of extended care patients unchanged**

Van passenger bookings required 1 week prior

Prepaid Monthly Van Pass \$30

Non-expiry Book of 6 daily Passes \$42

Schedules, Pass registration at local municipal offices

Booking: Milk River Town Office (403-647-3773)

Monday to Thursday, 9am - 12 noon, 1pm - 4pm

**The Heritage Handi-bus Association wishes to thank HEALTHY
AGING ALBERTA and the municipalities and staff of Coutts, Milk
River, Village of Warner and County of Warner for making this
service available to residents**

Announcement: H.A. Calhoun Memorial Branch #225 of the Canadian Legion

Dear Community Members,

After over 75 years of dedicated service to our community, the H.A. Calhoun Memorial Branch of the Canadian Legion will no longer be holding its Annual Remembrance Day Service or our annual Poppy Campaign this year. This is not due to lack of attendance nor lack of support from the community.

When the Legion was created it was the social supports for those who had served their country and came home with needs. The Legion was a place that they could turn to for assistance with health issues and also camaraderie in an environment surrounded by those who supported what they had endured in their time in service to Canada. The mission was to serve our veterans. With the passing of the last of our veterans, our Legion's mission is over.

We will be convening a special meeting to discuss the process of surrendering our Legion charter and closing down our local branch.

This decision has been a difficult one, reflecting a broader trend impacting many Royal Canadian Legion branches. We deeply appreciate the unwavering support and commitment you have shown throughout the years helping to uphold our values and honoring the legacy of those who served.

We encourage all members to attend this crucial meeting to understand the steps involved and provide feedback. Details of the meeting will be announced soon.

If there is any one wanting wreaths/crosses to be displayed in their homes or businesses for Remembrance Day, call Raylene Hobbs at (403)666-2260.

Thank you for being a cherished part of our legacy. Your support has been the cornerstone of our success.

Sincerely,

The Executive Committee

H.A. Calhoun Memorial Branch #225 of the Canadian Legion



Thank You

On behalf of the Bonanza Day Committee, thank you to all the volunteers and sponsors who helped to make the day a success. It was awesome to see the community support the pancake breakfast, get involved with the parade and join us on the football field for family fun.

St. Peter's Catholic Church

ROAST BEEF DINNER

Sunday, October 6, 2024

Milk River Civic Centre

Buffet meal served at 1:00 p.m.

Adults \$20.00 Children (6 to 13) \$10.00 (5 & under) Free

Take out Available

Bake Table, Fishpond for Kids, 50/50, Silent Auction, Religious Gift Store

Everyone Welcome



SENIORS' EXPO

WHAT
Connect with service providers that support seniors at this FREE event. There will be a variety of information booths, refreshments, and door prizes.

WHEN
Wednesday, October 23
10:00 am-3:00 pm

WHERE
Coaldale Community Centre
1217 20th Ave

To book a FREE ride, contact the Heritage Handibus Association: 403-647-3773

FOR MORE INFORMATION
Renee
587-370-8518
Renee.White@fcss.ca



Alberta

Tri Community Child Care Society Update

Over the past year a group of volunteer community members have formed a society to address and try to combat the growing concern of lack of childcare in our communities. Our initial meeting was in the Winter of 2023 and had an outpouring of support from parents who are desperate to find childcare. Since this initial meeting we have been having regular meetings to develop and establish a daycare facility in the County of Warner. However, the process of opening and establishing a government subsidized/ licensed daycare comes with a lot of regulations and guidelines that need to be adhered to.

Currently our application has been submitted to the government of Alberta and we have applied for a Space Creation Grant, in which we are hoping we will receive as County of Warner is zoned a "childcare desert" meaning there are no/ few facilities and high need for childcare. We applied for this grant in February 2024 and still have not received an answer back from the Government of Alberta.

Our biggest challenge at this point is finding a suitable location for the daycare to operate. The application for the license is directly tied to the physical location of the daycare, so to move forward we need to find a building we can utilize. There have been a few different options that have been presented to us. Purchasing a building and doing improvements, a complete renovation of an older building, or potentially looking outside our immediate communities at another building that requires less cost overall. Two of these options require significant investment from our group to get the daycare up to code and operating.

We are reaching out to our communities for help. Currently our society is composed of just a handful of us trying to get this operational. We need additional support; we are looking for volunteers to join our group to help facilitate fundraising and ongoing efforts to start a daycare for our communities. As well, if anyone has any additional leads on suitable buildings with adjacent yard/ outdoor space we are willing to look at other options as well.

The waitlist we have accumulated of children looking for care is quite significant and I am certain it will grow as more community members hear about our efforts. We are also looking for input from potential parents that would utilize a facility regarding which location to pursue.

We would like to hear from prospective parents or community members to gauge which direction should be our focus point. Any questions or thoughts feel free to reach out.

Jena Minue

President Tri Community Childcare Society

403-929-4262

tricomunitychildcare@gmail.com



Prairie Rose Lodge

OUR RESIDENTS HAVE BEEN SOAKING UP ALL THE SUMMER POSSIBLE OVER THIS PAST MONTH! TERRA HAS KEPT THEM BUSY WITH ANOTHER TRIP TO THE POOL TO SWIM, A DAY OF GOLFING, A LOVELY DAY AT GOLDSPRINGS PARK, & LOTS OF COMMUNITY WALKS AROUND TOWN.

AS SAD AS WE ARE TO SEE SUMMER COME TO AN END, THE LODGE IS QUICKLY SHIFTING INTO FALL MODE..... THE RESIDENTS ALWAYS LOVE HELPING TERRA DECORATE FOR A NEW SEASON! AS WELL, THIS MONTH WE WILL BE STARTING ALL OUR FALL CRAFTS, WE HAVE A COUPLE TABER CORN FEASTS COMING UP ON OUR MENU, & TERRA IS ORGANIZING A HARVEST DRIVE WITH THE RESIDENTS SO THEY CAN TAKE IN THE BEAUTIFUL COUNTRYSIDE AS ALL THE COLORS BEGIN TO CHANGE.

BE SURE TO MARK YOUR CALENDARS FOR PERSONAL TOUCH FASHION THIS MONTH! THEY WILL BE HERE ON SEPTEMBER 10TH FROM 10AM TO 2PM. BE SURE TO POP IN & CHECK OUT ALL THE NEW FALL FASHION THEY WILL HAVE TO OFFER.

WE HAVE HAD A FEW NEW RESIDENTS JOIN OUR LODGE FAMILY THIS PAST MONTH - IF YOU ARE ABLE, PLEASE JOIN US ON TUESDAY MORNINGS AT 10AM FOR COMMUNITY COFFEE! WE'D LOVE FOR YOU TO COME SEE A FEW NEW FACES, & SPEND SOME TIME WITH US!

AS A REMINDER, MEALS ON WHEELS IS AVAILABLE THROUGH OUR KITCHEN AT THE LODGE! CALL AHEAD, PLACE YOUR ORDER, & FOR JUST \$10 YOU CAN ENJOY A FRESH, HOT, HOMECOOKED MEAL!



FROM THE STAFF & MANAGEMENT OF PRL... HAPPY FALL Y' ALL!!





MARKET EVENTS

Presents **PUMPKIN PATCH MARKET**

Saturday, October 12th
10:00AM - 4:00PM

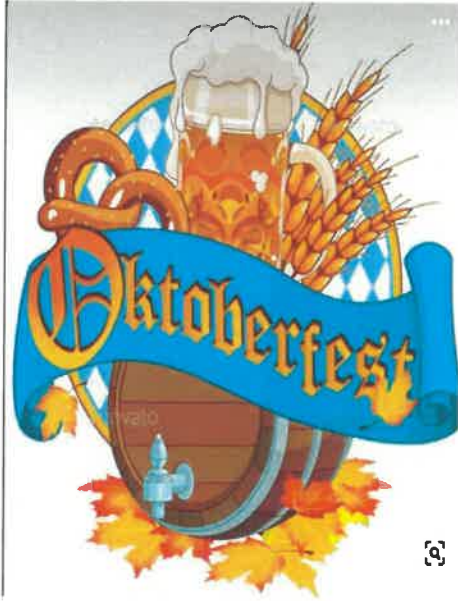
Milk River Civic Centre
(321 3rd Ave N)

- * 45 Vendors
- * Fall Photo Opps
- * Kids Craft Corner
- * Fall Themed Concession

Contact Laurie @
403-642-7500

**Free Admission
Everyone Welcome**

Annual Oktoberfest Fundraiser



Milk River & District Agricultural Society is gearing up to bring the feel of German Culture to our community during its **Annual Oktoberfest Fundraiser**

**Saturday,
October 19, 2024**

5:00 – 6:00 Hospitality Hour & Start of Silent Auction

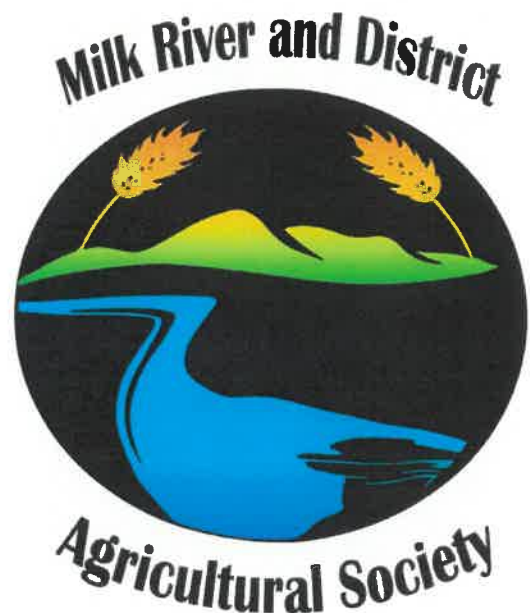
6:00 – 7:00 Schnitzel Supper

7:00 – 8:00 Variety of Entertainment

8:00 – 12:00 Beer Gardens, Family Dance with Bamboo Guppies, 50/50, Silent Auction, Chicken Bingo, Duck Draw, Kids Activities

Watch for ticket sale information on posters around your community, as well as on Facebook.

This family focused event promises to have something for everyone.



ORANGE SHIRT DAY



September 30th is the National Day for Truth and Reconciliation, also known as Orange Shirt Day. On this day, Canadians are encouraged to wear orange in order to commemorate the residential school experience, as well as witness and honour the healing journey of the Survivors and their families. By wearing orange, you spark a conversation about reconciliation.

There are many ways to start a conversation about Orange Shirt Day with your family. Here are just a few examples:

- If you have children, talking about residential schools is not easy, but it is important. To start a conversation, read age-appropriate books such as *Phyllis's Orange Shirt* by Phyllis Webstad, *When I was Eight* by Margaret Pokiak-Fenton, or *Spirit Bear and Children Make History* by Cindy Blackstock and Eddy Robinson.
- Discuss the meaning of reconciliation by doing an activity that speaks to kindness, friendship, and collaboration. A good activity for the whole family is to go outside and identify all the different ways nature interacts with each other to achieve a common goal of harmony and togetherness.

Did you know?

- FCSS offers free culturally sensitive programming for Indigenous families with children 0-18 years old, parent education and support, and assistance with system navigation.

Truth and Reconciliation Day can be difficult for those who have experienced residential school. If you are in distress, here are some resources:

- National Indian Residential School Crisis Line: 1-866-925-4419
- Hope for Wellness Help Line: 1-855-242-3310
- Mental Health Help Line: 1-877-303-2642

For more information about FCSS's Indigenous Family Liaison Program, contact Michelle Eagle Tail Feathers at 403-332-1783.

Submitted by:
Michelle Eagle Tail Feather
Indigenous Family Liaison Worker



SERVING:

Barnwell | Barons | Coaldale | Coalhurst | Lethbridge County | County of Warner | Coutts | Milk River | M.D. of Taber | Nobleford Picture Butte | Raymond | Stirling | Taber | Vauxhall | Warner

LEARN TO COOK
GENERAL INTEREST COURSE

WHAT
This Cooking Class for the course, you will learn how to make a Thai Curry, a vegetable soup, a vegetable salad, and a noodle bowl. You will make the food during the class and bring home a meal for 2-3 people. Bring an apron and a few table linens.

WHEN
Instructor: Jessica Fortino
Thursday, September 12
6:00-8:00 pm

WHERE
Milk River Civic Centre
527 5th Ave NE
Stacey Maynes

REGISTRATION REQUIRED
Cost \$30
803-756-3372 (ext 1000)
www.fcss.ca

LEARN TO COOK
GENERAL INTEREST COURSE

WHAT
Mexican Cooking Class for the course, you will learn how to make a Japchae, a Korean dish, and a Korean BBQ. You will make the food during the class and bring home a meal for 2-3 people. Bring an apron and a few table linens.

WHEN
Instructor: Jessica Fortino
Wednesday, October 9
6:00-8:00 pm

WHERE
Deductions to register - October 10
Stirling Community Centre
409 2 St. Stirling
Stacey Maynes

REGISTRATION REQUIRED
Cost \$30
803-756-3372 (ext 1000)
www.fcss.ca

LADIES NIGHT OUT
GENERAL INTEREST COURSE

WHAT
Introduction to Brooming Your Teeth. During your hair session, you will receive a facial, a manicure, and a pedicure. You will also receive a complimentary hair treatment. It's not only about your hair, it's about understanding how your hair, skin, and nails work together.

WHEN
Instructor: Tanya Scott Walker
Friday, September 27
6:00 - 8:00 pm

WHERE
Hornby Library
500 4 St. Stirling
Stacey Maynes

REGISTRATION REQUIRED
Cost \$20
803-756-3372 (ext 1000)
www.fcss.ca

INTRO TO BAKING
GENERAL INTEREST COURSE

WHAT
Bread Basics. In this course, you will learn how to make Whitebread, Sourdough, and other breads. You will also learn how to make breads for special occasions. You will make the bread during the class and bring home a loaf of bread. Bring an apron and a few table linens.

WHEN
Instructor: Neil Pickrose
Monday, October 21 Deadline: October 9
6:00-8:30 pm

WHERE
Milk River Civic Centre
527 5 Ave NE, Milk River
Stacey Maynes

REGISTRATION REQUIRED
Cost \$30
803-756-3372 (ext 1000)
www.fcss.ca

INTRO TO BAKING
GENERAL INTEREST COURSE

WHAT
Quick Breads. In this course, you will learn how to make "quick breads", which include scones, muffins and biscuits. The fees here included. You will be provided with recipes and a baked product to take home.

WHEN
Instructor: Neil Pickrose
Monday, September 14
6:00-8:00 pm

WHERE
Milk River Civic Centre
527 5 Ave NE, Milk River
Stacey Maynes

REGISTRATION REQUIRED
Cost \$30 (includes food and materials for ingredients)
803-756-3372 (ext 1000)
www.fcss.ca

INTRO TO WATER-COLOUR
GENERAL INTEREST COURSE

WHAT
In this regional course, you will create a floral painting, and learn about different water colour techniques, painting techniques, brush strokes, and more! All supplies will be provided and are included in the fee.

WHEN
Instructor: Eliza Traynor (eliza.traynor@atn.ca)
Friday, October 18
9:00-12:30 am

WHERE
Hornby FCSS
500 4th Avenue
Stacey Maynes

REGISTRATION REQUIRED
Fee \$30 (includes materials)
803-756-3372 (ext 1000)
www.fcss.ca

PLAY PROGRAMS WILL START THE 3RD WEEK IN SEPTEMBER
FULL DETAILS AT www.fcss.ca