## VILLAGE OF COUTTS NEWSLETTER OCTOBER 2025



### MUNICIPAL ELECTION—OCTOBER 20, 2025

**A FORUM** will be held on October 9th at 7pm in the Civic Centre. Come out and hear what the candidates have to say in order for you to make an informed decision when it comes time to cast your vote.

Candidates are: Jacquelyn Cameron, Cindy Clarke, Darren Hall, Scott MacCumber, Stephen Pain, Megan Payne, and Tanya Smith.

### POPPY CAMPAIGN—REMEMBRANCE DAY

The annual poppy campaign runs from Oct 31-Nov 12. Those of you that have a wreath or cross may set them out in this time frame.

There will be a Remembrance Day Service will be at the Coutts Civic Centre on Nov 11 at 10:15 am.



## **Christmas Hamper and Angel Tree Program**

It is the time of year when we start thinking about the Christmas Hamper and Angel Tree Programs. For 2025 I will once again be gathering information and coordinating with the Town of Milk River and St. Pauls United Church to help make some Christmases a little brighter.

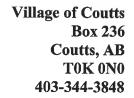
If you feel that these Programs would possibly benefit and make Christmas a little bit easier for yourself or an individual or family you know please contact me by **November 7th** with the appropriate information. I will need the name of the family and a phone number to contact them.

The Angel Tree will be placed in the Milk River Town Office on November 12, 2025 so we must have the information prior to that date.

Mark your calendar and remember to come to the Town Office after November 12th to pick up an Angel if you wish to purchase a gift for a child.

Darlene Fleming, Angel Tree Program

Home Phone: 403-393-3223





## MEET THE CANDIDATES FOR MUNICIPAL OFFICE – FORUM

**OCTOBER 9, 2025** 

7:00 PM

**COUTTS CIVIC CENTRE** 

COME AND LISTEN TO THE CANDIDATES EXPLAIN WHY THEY ARE RUNNING SO YOU CAN MAKE AN INFORMED DECISION ON ELECTION DAY.

## Notice of Election and Requirements for Voter Identification

Local Authorities Election Act (Sections 12, 35, 46, 53)

LOCAL JURISDICTION:	VILLAGE OF COUTTS	, PROVI	, PROVINCE OF ALBERTA	
Notice is hereby given that	t an election will be held for the filling of	f the following office	s:	
Office(s)		Number of Vacancies	Ward or Electoral Division Number (If Applicable)	
COUNCILLOR		5		
			*	
	te	between the ho	Start Time	
	105 CENTRE AVE			
	COUTTS, AB TOK ONO			
In order to vote, you must produce for inspection one or more of the acceptable forms of identification required by section 53 of the <i>Local Authorities Election Act</i> .				
DATED at the	VILLAGE of	COUTTS	, in the	
Province of Alberta, this	23 day of OCTOBER , 20 2	5		
(@)	Refurring Officer			

### **BORDER RASCALS SOCIAL CLUB**

Fall Greetings and Happy Thanksgiving to everyone. Our October planning meeting takes place on Friday October 10th at 10am, for this month only. Our potluck is on October 23rd, this is our Thanksgiving celebration. Doors open at 5pm, dishes will be assigned by phone for this potluck, to ensure we have all the desired dishes. Our turkey will be provided. There will be games following supper. Hope to see many friends.

We are having two game afternoon's again on October the 8th and the 22nd, starting at 1pm. Come out and share some laughs with neighbors.

An advance notice that Border Rascals has booked the Handibus for November 29th. We will be going to Lethbridge, and having an early supper at the Casino, then going to see the light show at the Japanese Gardens. Phone or a personal confirmation to Debbie Pain is required to book a seat. First come served.

Enjoy the beautiful Fall weather and colours.

### **FOR RENT - IN COUTTS**

One & Two bedroom units available. Suitable for quiet, mature tenants. Tenants are responsible for sharing yard work and snow removal.

NON-SMOKERS ONLY. Please, No 420 or related.

References required. Rent in relation to unit. Please contact for further details.

Located at 411 1 Ave South, Coutts

Please call/text Rhonda 403-894-2740

**4 SEASONS HOME COMFORT HVAC** out of Lethbridge will be in the area soon servicing furnaces and fireplaces. If you are looking to have this done, now would be the time to call and make an appointment.

Maintenance/Repair
Furnaces – clean
Hot Water Tanks
Fireplaces - Sell and Maintain
And more
To book an appointment, please call 587-813-4420

## St. Peter's Catholic Church ANNUAL FALL DINNER

(Roast beef with all the trimmings)



Sunday, October 5, 2025

Milk River Civic Center

Buffet style meal served @1:00 p.m.

Adults \$20.00

Children (6 to 13) \$10.00 (5 & under) Free

## Take out Available

Bake Table, Fishpond for Kids, 50/50, Silent Auction Religious Gift Store

St. Isidore's Allerston CWL will be selling a limited amount of "Allerston" Sauerkraut, sales are limited to one jar per family, and you must be in attendance to purchase. They artealso selling pumpkins.

Everyone Welcome

#### **COUTTS LIBRARY NEWS**

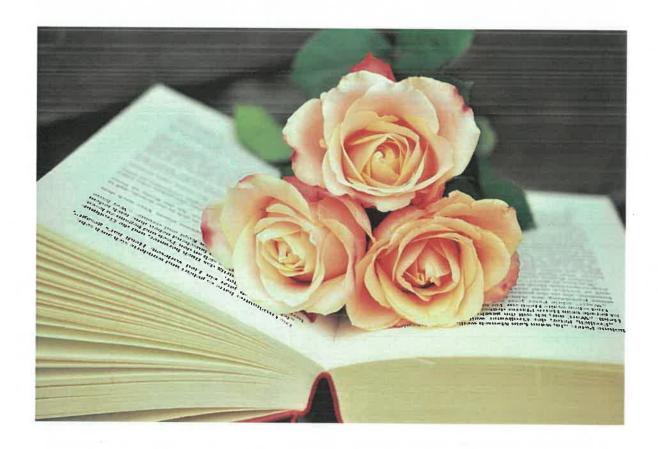
It is with heavy hearts we bid farewell to our lovely, gentle friend and head librarian Sharon Wollershiem. Sharon worked as the secretary at the Coutts school for many years. She took on the role of head librarian when the school library became Chinook Arch Library System, and has filled that role until her recent passing.

Fall is here, with my favorite colors. Days are getting shorter and cooler, perfect compliments for a good book. Come into the library Oct 6-10 and enter your name in a draw to win a DVD copy of the movie Wicked. We will draw the evening of the 10<sup>th</sup>.

### Book Club will be on hold for now, watch for a restart date.

If you are new to town, come by and get a library card, there is no charge for a card at our library and you will have access to so many things including all the libraries that make up Chinook Arch Regional System.

The Coutts Library continues to be open during regular hours. We encourage you to come in and say Hi to Kari and Susan and check out one of our many books puzzles and movies!



### Sharon Wollersheim

Beloved Librarian, of the Village of Coutts Municipal Library has left us a legacy of literature and laughter to our community.

Her years of service have been extraordinary and appreciated.

She will be missed deeply, and we extend our deepest sympathy to her family, friends and community.

Village of Coutts Library Board



## **Day of Older Persons**

On October 1, celebrate the rich and diverse history of Alberta's most experienced generation: Seniors.

Older people have made and continue to make a profound contribution to Alberta and Canada: at home, in communities and as part of the workforce. They represent a large and growing proportion of our population.

We can all think of a senior who has made a difference in our lives. They are our mentors, teachers, grandparents and loved ones. They are volunteers and role models. They have contributed generously, building our families, communities, workplaces and country.

There are many ways to thank seniors for their contributions and to show them just how much they are appreciated. Here are just a few:

- Say "thank you".
- · Visit, call or connect via video-messaging, and take some time to say "hi".
- Run errands for a senior.
- Help with some outdoor chores.
- Take a walk together.

### Celebrating seniors with the Seniors' Expo

To recognize and acknowledge the contributions of seniors in our region, FCSS is hosting a free Seniors' Expo on Thursday October 2nd, 2025. The event will feature vendors and exhibitors, who aim to provide local seniors with information surrounding a wide variety of wellness services.

The Seniors' Expo will provide seniors with an opportunity to:

- Chat face-to-face with local service providers.
- · Receive health and wellness information and resources.
- · Learn practical strategies to improve health.
- Connect and visit with friends and neighbours.

FCSS has many programs and services available for seniors, including presentations, workshops, conferences, counselling and support with applications (provincial and federal seniors' benefits). For more information about the Seniors' Expo or Senior Services, contact Renee White at (587) 370-8518 or <a href="mailto:renee.white@fcss.ca">renee.white@fcss.ca</a>.

Submitted by: Renee White Senior Services Coordinator







# MILK RIVER WATERSHED COUNCIL CANADA COMMUNITY APPRECIATION FORUM

Please join us as we celebrate the unique aspects of the Milk River watershed and 20 years of growing community involvement in managing the areas that are important to all of us!

#### **EVENT HIGHLIGHTS:**

- PRESENTATIONS
- COMMUNITY AWARDS
- FREE DINNER
- LIVE MUSIC
- SILENT AUCTION AND MORE!

## OCTOBER 8<sup>TH</sup>, 2025 MILK RIVER CIVIC CENTER

REGISTRATION AND MORE INFORMATION:

- MARY@MRWCC.CA
- (403) 647-3808
- ( WWW.MRWCC.CA

### **AGENDA:**

- 4:00PM-6:00PM
  - 1. Stories of the MRWCC significant events
  - 2. Keynote speaker: The St. Mary siphon and diversion and dam project
  - 3. Community awards: Share success stories of local stewards within the watershed
- 6:00PM- 8:00PM
  - Free delicious dinner followed by silent auction/raffles and the Decadent Phase live band

The Decadent Phase band is a local rock and roll band, so be sure to show up and bring you dancing shoes!

## **Pumpkin Patch Farmers Market**

SATURDAY, OCTOBER 11

10:00AM - 4:00PM

MILK RIVER CIVIC CENTRE (321 38 AVE)

**Everyone Welcome** 

Join us for a Festive Fall Day

Shop with new and returning vendors while enjoying a

**Fall Themed Concession** 



- Fall Photo Opps
- Kids Craft Corner
- Dine In or Takeout Available at the Concession
- Contact Laurie Balog 403-642-7500

## **COUTTS ATB IS CELEBRATING 45 YEARS**

## JOIN US FOR A FREE BEEF ON A BUN LUNCH OCTOBER 17

11:30-1:30

DONATIONS FOR THE COUTTS FIRE DEPARTMENT WILL ALSO BE ACCEPTED.

FUNDS ARE BEING RAISED FOR A LUCAS MACHINE.

FOR OUR DEPARTMENT THAT HAS VERY FEW VOLUNTEERS, THIS TOOL COULD MAKE THE DIFFERENCE BETWEEN LIFE AND DEATH. IT IS A HANDS FREE HIGH EFFICIENCY CPR DEVICE, THAT TAKES AWAY THE CPR TASK FROM RESPONDERS, FREEING THEM UP TO DO OTHER NECESSARY TASKS. WITH ONLY A COUPLE VOLUNTEER MEMBERS ON SCENE, THE SURVIVAL RATE FOR SOMEONE NEEDING CPR IS GREATLY IMPROVED WHEN COMPARED TO RECEIVING MANUAL COMPRESSIONS. THIS IS ESPECIALLY TRUE WITH DEPARTMENTS LIKE OURS THAT HAVE AGING VOLUNTEERS, PROLONGED CPR IS NOT EASY.

THIS MACHINE WILL HELP KEEP OUR DEPARTMENT SUSTAINABLE, AND YOUR DONATION IS GREATLY APPRECIATED.

A FIRE DEPARTMENT MEMBER WILL BE ON HAND TO ANSWER QUESTIONS.

DONATION TAX RECEIPTS ARE AVAILABLE FROM THE VILLAGE OFFICE.





# Milk River & District Agricultural Society 4<sup>th</sup> Annual Oktoberfest Fundraiser Saturday, October 18, 2025

Enjoy a Traditional
German Schnitzel Meal

(Schnitzel, Spaetzel, Salad, Vegetables, Dessert)

Silent Auction

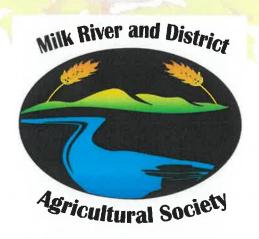
Entertainment

**Beer Gardens** 

Family Dance

Live Music by Border Bound

Tickets available at Mane Street Hair Styles, Smart Alice, JT Wine & Spirits



## NIGHT OF NUTRITION SERIES

with

Julie Blackmer, C.H.N.C.

Certified Holistic Nutritional Consultant

Discussing a holistic approach to health and wellness, focusing on nutrition, lifestyle and other factors that influence the body, mind and spirit.

Monday, October 27, 2025

Shining a Light on Stress

Monday, November 3, 2025

Blood Glucose Levels - It's Every-Body's Business

Monday, November 17, 2025

Hormone Health at the

Milk River Town Council Chambers 240 Main St NW, Milk River, AB Time: 7:00 - 8:30 pm

Contact Big Sky Health & Wellness for more information

403-492-LIFE (5433)
www.bigskyhealthwellness.com
Sponsored in part by
Border Community Wellness Foundation



**FOREMOST** 

# Range Science Forum

Celebrating Rangelands: honouring the past and looking forward to the future

Date & Time

11 December 2025

09:00 AM - 3:30 PM

Location

Foremost Community Hall

802 - 1 Avenue West, Foremost, Alberta

## Topics to include:

- history of range management & research in AB
- drought planning; post-wildfire management
- precision ranching; heat stress & animal behavior
- annual bromegrass control
- and much more!

## A Fresh Voice for Our Village

Dear Neighbours,

My name is Cindy Clarke, and I am running for Village Council. For over 10 years I have lived and worked here, running my pottery studio and contributing to our community.

I serve on the Agricultural Society, and CRAS, Coutts Recreation and Arts Society. I've also organized trade shows that brought people and energy into the village. Some people may remember me from the Post Office where I worked part time until the fall of 2023.

I believe we can build a stronger village by cleaning up, addressing derelict properties and hopefully building more community spirit in the process. I may not be a politician, but I am a neighbour who listens, works hard, and cares deeply about our home.

Together, we can make our village a place we are all proud of. I would be honoured to have your support.

Sincerely, Cindy Clarke



## LONEWOLF HANDYMAN SERVICES INC.

SPECIALIZING IN:
EAVESTROUGH CLEANING
AND REPAIR, DECKS,
LANDINGS, FENCING,
OTHER CARPENTRY, PAINTING,
ROOFING,
PROPERTY CLEAN UPS,
DUMP RUNS,
PROPERTY MAINTENANCE,
CALL JAKE

CELL: 403-635-2013

## **COMMUNITY PASSENGER VAN SERVICE**

Seniors 55+ and Disabled Persons
Serving Coutts, Milk River and Village of Warner

Transit Service available Monday through Friday

Local daily service dependent on van/driver availability
Out of Town service: Lethbridge (medical and non-medical)
Raymond, Coaldale & Taber (medical)

\* Handibus Always Available for Charters \*

\* MRHC extended care and Prairie Rose residents \*

Non-Expiry Book of 6 Daily Passes \$42

Current Daily rate of \$7 per rider in effect until Aug 30/25

Rates Effective Sept 1/25:

In town passenger service:

Warner, Milk River and Coutts \$7 daily rate
Out of town passenger service:
Lethbridge, Raymond, Coaldale, Taber: \$14 daily rate

Tickets and registration at local municipal offices Weekly Pre-booking is promoted and encouraged Pre-Booking: Milk River Town Office (403-647-3773) Monday to Thursday, 9am - 12 noon, 1pm - 4pm

Inquiries for van availability during the service week
Please call our co-ordinator D.S. Fraser @ 403-492-7821
General Information: Steve @ 403-603-8578

The Heritage Handibus Association remains grateful for the continuing financial, operational support from the municipalities of the Village of Coutts, the Town of Milk River, the Village of Warner and the County of Warner.



Box 698, 201 Main Street Milk River, AB. T0K 1M0

Attn: Communities of Milk River and Coutts,

The Milk River Cable Club would like to take this opportunity to provide peace of mind and clarity to our member communities. It has been brought to our attention that some of our community members have become concerned for the well-being of MRCC upon learning about the fibre-optic line being installed along the highway. Currently, MRCC does not have any significant amount of information on this project, as any access to information on these lines is the same as what is available to the communities as consumers.

At this time, MRCC is in a financially stable position, and we do not anticipate that we will need to close our doors. We look forward to the opportunity to continue providing direct customer service and local support to our community.

We thank all of our existing members for their support as we continue to plan for the future.

Thank you, MRCC Team

